


May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM - Crosswords 1	MINDFULNESS MONDAY 2 AM. Gentle Stretches. 2:00 Music with Cliff pine	TALK TUESDAY 3 AM. Sit & Be Fit PM – Outdoor Enjoyment.	AM – Massages and 4 Mani's 2:00 OARC MENTAL HEALTH WEBINAR 2:00 Wheelchair Dancers	10:30 Believers Communion 3rd 5 PM – Circle Soccer	AM Ball Toss 6 PM. Wheel of Fortune Friday	10:30 Sunshine Parade 7 (N. Swiatek cedar) PM One/Ones
Ontario Association of Residents Councils – Mental Health Week for Residents in LTC						
AM Short Stories 8 PM Mother's Day Treats  Mothers Day	AM Marching Mondays 9 PM. Hockey Shootout	AM. Sit & Be Fit 10 PM Resident Meeting (3 rd)	AM – Massages and 11 Mani's PM – Scattagories	AM. Sit & Be Fit 12 2:00 Music with Andy Elm Nurses day	AM Ball Toss 13 3:00 Pet Therapy 3rd	AM. – Saturday Stretches 14 PM. Art Therapy Migratory Bird Day
15 AM - Crosswords PM. Spiritual Time.	AM Marching Mondays 16 PM Monday Milkshakes	AM. Sit & Be Fit 17 PM. Travelogue	AM – Massages and 18 Mani's 2:00 Volunteer Appreciation In the Pavilion	AM. Sit & Be Fit 19 PM. Bingo	AM Ball Toss 20 1:45 Rec Dept. Meeting	AM One/Ones 21 PM Saturday Strolls
AM Short Stories 22 2:30 Church Service 3rd  Biological Diversity Day	AM Marching Mondays 23 2:00 Music with Cliff Elm World Turtle Day	AM. Sit & Be Fit 24 PM – Timmies Tuesday.	AM – Massages and 25 Mani's PM. – Hockey Shootout.	AM. Sit & Be Fit 26 PM Pictionary	AM Ball Toss 27 PM. Monthly Birthday Treats!	AM Saturday Stretches. 28 PM. Brain Fit Game. Cannes Film Festival
AM – Crosswords 29 PM – Salvation Army (Pavilion)	AM Marching Mondays 30 PM. Ring Toss Memorial Day	AM. Sit and be Fit 31 PM. CARD DECK Bingo				

ELM VILLA Activity Calendar

The Activity Calendar is subject to change after the time of printing