

JUNE 2022



# Manor Times

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# Celebrate Seniors!

## Seniors' Fair

Wednesday, June 29, 1:00—3:30 p.m.

### In the Outdoor Pavilion

Come and enjoy an afternoon with local vendors and organizations on display to showcase their programs and Services:

- Health & Wellness
- Sports, Leisure & Recreation
- Arts & Culture
- Accessibility for Persons with Disabilities
- And More!

## A Little Lite Chatter by Jack Press

A quick recap of Wednesday May 18<sup>th</sup> – a somewhat nippy and windy day, but the warmth was turned on up at the Pavilion with a Volunteer Appreciation Tea and Treats. Six of the past Auxiliary members were particularly honoured with gifts and a citation from Hastings County – presented by Warden Rick Phillips.

It was rather a fitting end to the journey through the tunnel for the past few years, and a chance to meet with residents and staff. We have survived!!!

A highlight was the gifting of coffee/tea mugs bearing the image of the painting created by RPN Christina Lasher 'I will bring the world to you', and an appropriate inscription of appreciation for the contributions of the Auxiliary over the years.

Greatly appreciated! Every sip from the mug will provide an opportunity to view the image and bring back very fond thoughts.

We mourn the passing of our Dear Friend Tom VanDusen. He was an ever-present example of SASSINESS. Stayed Active/ Stayed Involved! Just like the Eveready battery ad – always there and always involved. We should all try to follow his example!

Special points of interest:

- Provincial Election Polling Station June 2nd
- Fathers Day June 19th
- Summer begins June 21st
- Community Fair June 29th in the Pavilion

### Mental Feng Shui



There are some mighty fine advice in these words even if you're not superstitious.

1. Give people more than they expect and do it cheerfully.
2. Marry a man/woman you love to talk to. As you get older, their conversational skills will be as important as any other.
3. Don't believe all you hear, spend all you have, or sleep all you want.
4. When you say 'I love you'....mean it.
5. When you say 'I'm sorry'....look the person in the eye.
6. Believe in love at first sight.
7. Never laugh at anyone's dreams. People who don't have dreams, don't have much.
8. Love deeply and passionately. You might get hurt, but, it's the only way to live life completely.
9. In disagreements, fight fairly...no name calling.

10. Don't judge people by their relatives.
11. Talk slowly but think quickly.
12. When someone asks you a question you don't want to answer, smile and ask "why do you want to know".
13. Remember that love and great achievements involve great risk.
14. Say 'bless you' when you hear someone sneeze.
15. When you lose....don't lose the lesson.
16. Remember the three R's; Respect for self; Respect for others; and Responsibility for all your actions.
17. Don't let a little dispute injure a great friendship.
18. When you realize you've made a mistake, take immediate steps to correct it.
19. Smile when you pick up the phone. The caller will hear it in your voice.
20. Spend some time alone.

**A true friend is someone who reaches for your hand and touches your heart!**

### June Birthdays

Bobbie Sturgeon	June 2	Bev Globus	June 12	Jack Matthews	June 28
Brenda Ibbotson	" 2	Albert Craig	" 15		
Rosaria ardelle	" 3	Enid Squire	" 16		
Donna Janes	" 4	"Bunny" Graham	" 16		
Bill Preston	" 7	Martin Miller	" 19		
Beverley Roscoe	" 7	Joan Lane	" 20		
Richard Maillet	" 8	Barb Pitcher	" 20		
Larry Westfall	" 11	Angus Andrews	" 20		
Louis Stover	" 11	Kitt Carruthers	" 24		



## Provincial Election Thursday, June 2, 2022

The Provincial Election will be held on Thursday, June 2, 2022. A polling station will be set up in the main floor multipurpose room for residents to vote. The polling station will open at 9:00 a.m. and close at 7:00 p.m. All residents currently residing at Hastings Manor have been registered to vote. Voter's cards are sent to Hastings Manor and distributed to residents on June 2nd for them to

exercise their right to vote.

Residents who have recently moved into Hastings Manor will be issued an admission record form, verifying their current residence at Hastings Manor. Because the residents have been pre-registered with Elections Ontario, there is no requirement to bring additional identification.

Elections Ontario representatives present at

the polling station will provide support and assistive devices to enable those with disabilities to cast their vote.

Substitute decision makers are able to accompany their loved one to support them with voting on election day. If you have any questions please contact Jennifer at extension 2244.



## Resident's Council Report

Weekly meetings of Residents' Council were held on each floor during the month of May. Highlights of discussions at these meetings included:

- Ministry of Long Term Care revisions to the Residents Bill of Rights
- Menu planning and suggestions for the summer and fall menu
- Education about modified texture diets such as dental soft. The appearance and

taste of these meals.

- Planned resident outings for summer and fall
- Provincial Election June 2nd and residents exercising their right to vote
- Resident Information sheet program
- Resident safety and security of personal items
- Process for investigating missing clothing and personal

items

- Hot weather safety precautions

Residents' Council meetings for June are scheduled as follows:

June 7th at 2 pm 2nd floor

June 14th 2pm 3rd floor

June 21st 2pm 4th floor

June 28th 2pm 5th floor

All residents are invited to attend



## Wise Words

Love is strengthened by working through conflicts together.

To get out of a difficulty, one usually must go through it.

Harsh words break no bones but they do break hearts.

We take for granted the things that we should be giving thanks for.

Love is the only thing that can be divided without being diminished.

Happiness is enhanced by others, but does not depend on others.

For every minute you are angry with someone, you lose sixty seconds of happiness that you can never have back.

Man/Woman looks at outward appearance, but the Lord looks within.



## Aunty Acid Marriage

I was at a cocktail party one night and a woman said to me ‘Aren’t you wearing your wedding ring on the wrong hand?’. I told her ‘Yes – I married the wrong man!’.

A friend of mine put an ad in the classifieds ‘Husband Wanted’. Next day she received a hundred e-mails. They all said ‘You can have mine!’.

When a woman steals your husband, there is no better revenge than to let her keep him.

A woman is incomplete until she is married. Then, she is finished.

There was a woman who said ‘I never knew what real happiness was until I got married, and by then, it was too late!’.

Marriage is the triumph of imagination over intelligence.

If you want your husband to listen and pay strict attention to every word you say – talk in your sleep.

Just think, if it weren’t for marriage, men would go through life thinking they had no faults at all.

ONE FOR THE MEN – A little boy asked his father ‘Daddy. How much does it cost to get married?’. Father replied ‘I don’t know son....I’m still paying!’.

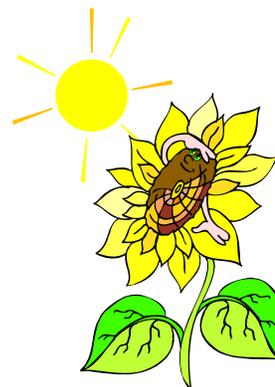


## Wedding Anniversaries—June

Jim & Betty MacDonald June 23rd

## What Is A Father

He's strength and security, laughter and fun,  
A prince to his daughter, a pal to his son;  
A great story teller and mender of toys,  
Who's seldom dismayed by his family's noise;  
He's an 'everyday' Santa who brings home surprises.  
The man to consult when a problem arises;  
As eager a worker as there'll ever be  
Who wants the best for his whole family.  
He's a loving instructor who struggles to teach  
His child to achieve all the goals one could reach,  
And, he knows in his heart, that it's worth all the bother,  
When he hears his child say 'That man – he's my father!'



## Horrible Harold

So, I am still not allowed to open my pub, but real estate agents are allowed to sell houses with viewings, etc.  
So, I am officially putting my pub on the market and, as of tomorrow, viewings are between 11 am and 11 pm – no appointment necessary, but – you must buy a beer while viewing!  
I trained my dog to fetch beer. It may not sound too impressive, but – he gets them from my neighbour's fridge.  
The longer I stay home – the more homeless I look.  
A new trend at the office – people are putting names on food in the company fridge.  
Today I had a tuna sandwich named Linda.  
Our town is so small we don't have drunks – so, we take turns.  
I get most of my exercise these days by shaking my head in disbelief.  
I'm never sure if I actually have free time or if I just keep forgetting stuff.  
If you still don't wear a mask because you believe it will block O2 to the brain – don't worry, that ship has already sailed.  
Before we work on artificial intelligence, why don't we do something about natural stupidity.





## More Weird and Corny Humour

1. I went to a seafood disco last week...and pulled a mussel!
2. Two Innuits sitting in a kayak were chilly, so they lit a fire in the craft. Not surprisingly, it sank, proving once again that you can't have your kayak and heat it too!
3. A group of chess enthusiasts checked into a hotel and were standing in the lobby discussing their recent tournament victories. After about an hour, the manager came out of the office and asked them to disperse. "but why?", they asked as they moved off. "Because" he said "I can't stand chess-nuts boasting in an open foyer!"
4. A woman has twins, and gives them up for adoption. One of them goes to a family in Egypt and is named 'Ahmal'. The other goes to a family in Spain and is named 'Juan'. Years later Juan sends a picture of himself to his birth mother. She tells her husband that she wishes she also had a picture of Ahmal. Her husband responds "they're twins. If you've seen Juan you've seen Ahmal."
5. Mahatma Gandhi, as you know, walked barefoot most of the time, which produced an impressive set of calluses on his feet. He also ate very little, which made him rather frail and with his odd diet, he suffered from bad breath. This made him a—super-calloused fragile mystic hexed by halitosis.
6. A dwarf, who was a mystic, escaped from jail. The call went out that there was a small mystic at large.
7. Finally, there was a person who sent ten different puns to his friends, with the hope that at least one of the puns would make them laugh. No pun in ten did!

**"I went to a seafood disco last week and pulled a mussel".**

## Deceased Residents—May, 2022



Beverley Baumhour	Oak Villa
Anneliese Binder	Elm Villa
Grietje Helm	Spruce Villa
Robert Kenny	Beech Villa
Muriel Payne	Birch Villa
Edith Ploegman	Maple Villa
Thomas VanDusen	Elm Villa
Brian West	Elm Villa

## My Get Up and Go Has Went

How do I know my youth is all spent?  
 Well, my get up and go has got up and went.  
 But, in spite of it all, I'm able to grin  
 When I think of where my get up has been.  
 Old age is golden, so I've heard said.  
 But, sometimes I wonder when I get into bed.  
 With my ear in a drawer and my teeth in a cup,  
 My eyes on the table until I wake up.  
 As sleep dims my eyes I say to myself,  
 Is there anything else I should lay on the shelf?  
 But, I'm happy to say as I close the door,  
 My friends are the same, perhaps even more.  
 When I was young my slippers were red,  
 I could kick my heels over my head.

When I grew older, my slippers were blue,  
 But I still could dance the whole night through.  
 Now I am old, my slippers are black,  
 I walk to the store and puff my way back.  
 The reason I know my youth is all spent,  
 Is my get up and go has got up and went.  
 But, I don't mind when I think with a grin,  
 Of all the grand places my get up has been.  
 And since I've retired from Life's competition,  
 My schedule's all scheduled (with much repetition).  
 I get up each morning and dust off my wits  
 Have a look at the paper and read the obits.  
 If I see my name missing, I know I'm not dead,  
 So, I eat a good breakfast and go back to bed.

## New Residents—May 2022

Rosaria Cardella	Spruce Villa	Elisabete Pinto	Birch Villa
Norma Collins	Pine Villa	Marina Williamson	Cedar Villa
Cherie Ladoucier	Spruce Villa		
Lois MacGregor	Cedar Villa		
Paul McCutcheon	Elm Villa		
Jana Michalkova	Maple Villa		

*Welcome to Your  
 New Home,  
 Enjoy and make it  
 yours!*

## Son—To Dad—To Son—To Dad

**SON:**

I met with an old friend last evening  
 And, I mentioned concerns that I had.  
 About things that unfurl in the ways of the world,  
 and how sometimes it makes me feel sad.  
 I said 'Life can be so complicated,  
 and I'm scared I might lose my way'.  
 When a friendly hand pressed on my shoulder.  
 He smiled and I heard him say:

'Son, don't take the good times for granted  
 for things keep on changing each day. Make time  
 to be with the ones that you love, and  
 let nothing stand in your way.  
 We don't know  
 what waits round the corner.  
 We never know  
 what lies ahead. So, just for a moment, forget all  
 of your troubles, and count your blessings instead!'

**SON:**

'I often dream of the future,  
 and of the things I might do.'

**DAD**

'So follow your heart, cause if you never dream,  
 your dreams - they can never come true. Should you  
 choose a road that's less travelled - just know that  
 I'll be there to the end!'

**SON:**

You're not just a shoulder to lean on, and I thank  
 You for being my friend!'

## HASTINGS MANOR LTC

*Suggestions for stories or news articles can be sent to:  
Hastings Manor Recreation Department  
476 Dundas Street West  
Belleville, Ontario  
K8N 5B2  
613-968-6467 ext. 2244  
Wwww.hastingscounty.com*

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### Walking With Dad

Oh, what rich dividends it yields, To walk  
with Dad in woods and fields.  
To pause and rest in shady dells.  
To simply wander here and there,  
And breathe the fragrant summer air.  
To hear the brooklet's gentle flow,  
Where Dad had fished so long ago.  
To see a place where wild ducks nest,  
And sunlight shine on a mountain crest;  
Then, as the shadows gently fall,  
To hear a whippoorwill's soft call,  
And watch a twinkling star respond,  
To shine above the silvery pond.  
Yes, every child is proud and glad  
When he goes walking with his Dad!

### A Caring Captain

Recently an unusual incident took place on a British Airways flight. The aircraft had taken off and been in flight for several moments when an announcement came over the PA system. "This is your captain—Jack Dinglehoffer—speaking and this is British Airways flight 293, nonstop from London Heathrow to Toronto. The weather ahead looks good, so we should have a smooth, uneventful flight. So ... sit back and relax and ... "Oh my Lord" (shouted excitedly), and then silence. A few moments later the PA came on again with the captain speaking "Ladies and gentlemen ... sorry if I scared you ... while I was talking, a flight attendant named Frances, spilled a hot cup of coffee in my lap. You should see the front of my pants!"

### Random Thoughts

A friend is, as it were, a second self.  
A friend is someone who reaches for your hand, but touches  
your heart.  
To have a good friend is one of the greatest delights in life.  
Friends have a way of speaking – without words.  
You can't help getting older, but you don't have to get old.  
Growing old is inevitable, growing up is optional.  
Laughter is the medicine of life.  
Laughter is also the shortest distance between friends.  
Love doesn't make the world go round, but it makes the ride  
worthwhile.  
Happiness is an unexpected hug. Hold on tight to the ones  
you love.  
To have joy – one must share it.  
It's important to have a twinkle in  
your wrinkle.  
Time waits for no one – treasure  
every moment that you have.

