


· May 2022 ·

· SUNDAY ·	· MONDAY ·	· TUESDAY ·	· WEDNESDAY ·	· THURSDAY ·	· FRIDAY ·	· SATURDAY ·
<p>1</p> <p>AM Family Chats AM Spiritual Time</p> <p>PM Outdoor Activity PM Short Story Reading PM Lawrence Welk Show</p>	<p>MINDFULNESS MONDAY 2</p> <p>AM Step Machine Exercise AM Montessori: Hand Manipulative</p> <p>PM Washer Toss PM Garden Walks PM Crokinole</p>	<p>TALK TUESDAY 3</p> <p>AM Fun & Fitness AM Montessori: Folding 2:00 Residents Meeting PM One to one Visits PM Movie Night: Mama Mia</p>	<p>4</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>2:00 OARC MENTAL HEALTH WEBINAR 2:00 Wheelchair Dancers TBD</p>	<p>5</p> <p>AM Ball Therapy AM Montessori Activities</p> <p>2:00 Music with Andy PM Outdoor Enjoyment PM Keno</p>	<p>6</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Bingo 3:00 Pet Therapy PM Blue Jays Game and cocktails</p>	<p>7</p> <p>AM Fun & Fitness AM Garden Walks</p> <p>PM Arts & Crafts PM Reading: Mother's Stories PM Manicures</p>
<p>Ontario Association of Residents Councils – Mental Health Week for Residents in LTC</p>						
<p>8</p> <p>AM Family Chats AM Spiritual Time</p> <p>PM Mother's Day Tea PM One to One Visits PM Card Games</p> <p style="text-align: right;"><small>Mothers Day</small></p> 	<p>9</p> <p>AM Step Machine Exercise AM Montessori: Hand Manipulative Activities</p> <p>PM Bowling PM Garden Visit PM Tulips Colorings</p>	<p>10</p> <p>AM Balloon Toss</p> <p>AM Montessori: Hand Manipulative Activities</p> <p>PM Afternoon Movie: Sister Act 1</p>	<p>11</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Bingo PM Garden walks PM Music & Root beer Floats</p>	<p>12</p> <p>AM Fun & Fitness</p> <p>AM Montessori Activities</p> <p>2:00 Music with Cliff</p> <p style="text-align: right;"><small>Nurses day</small></p>	<p>13</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Shuffleboard 3:30 Holy Communion & Rosary PM Yahtzee Game Night</p>	<p>14</p> <p>AM Fun & Fitness AM Garden Visits</p> <p>PM Outdoor Social and Drinks PM Ring Toss PM Therapeutic Birds Colorings</p> <p style="text-align: right;"><small>Migratory Bird Day</small></p> 
<p>15</p> <p>AM Family Chats AM Garden Walks & Cleaning</p> <p>2:30 Church Service PM Small group Reading PM Balloon Toss</p>	<p>16</p> <p>AM Step Machine Exercise AM Montessori Hand Manipulative Activities</p> <p>PM Outdoor Cleaning/ Gardening PM Short Stories PM Craft: Sun Catcher</p>	<p>17</p> <p>AM Fun & Fitness AM Montessori Activities</p> <p>PM Shuffleboard PM One to One Visit PM Trivia Night</p>	<p>18</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>2:00 Volunteer Appreciation In the Pavilion</p>	<p>19</p> <p>AM Ball Therapy 10:30 Believers Communion</p> <p>PM Bingo PM Outdoor Walks PM Arts & Crafts</p>	<p>20</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Aromatherapy & Hand Massage 3:30 Holy Communion & Rosary PM Therapeutic Colorings PM Outdoor Walks</p>	<p>21</p> <p>AM Fun & Fitness AM Garden Walks</p> <p>PM Mini Golf PM One to One Visits PM Cards Games</p>
<p>22</p> <p>AM Family Chats AM Spiritual Time</p> <p>PM Horse Races PM Amazon Rainforest Facts & Trivia PM Travelogue: Nature</p> <p style="text-align: right;"><small>Biological Diversity Day</small></p> 	<p>23</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>2:00 The Sunrisers in the Pavilion PM One to Ones PM Sing-Along</p>	<p>24</p> <p>AM Balloon Toss</p> <p>AM Montessori: Hand Manipulative Activities</p> <p>PM Afternoon Movie: Sister Act 2</p>	<p>25</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM One to One Visit PM Table Hockey PM Music 'Just Because'</p>	<p>26</p> <p>AM Fun & Fitness</p> <p>AM Montessori Activities</p> <p>PM Washer Toss</p>	<p>27</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Bingo 3:30 Holy Communion & Rosary PM Balloon Volleyball</p>	<p>28</p> <p>AM Fun & Fitness AM Garden Visits</p> <p>PM Outdoor Social and Drinks PM Sing-Along PM Travelogue: Taiwan</p>
<p>29</p> <p>AM Family Chats AM Spiritual Time</p> <p>PM Chair Soccer PM Trivia and Treats PM Salvation Army (Pavilion)</p>	<p>30</p> <p>AM Step Machine Exercise AM Montessori Activities</p> <p>PM Birthday Party PM One to One Visit PM Card Games</p>	<p>31</p> <p>AM Balloon Toss</p> <p>AM Montessori Activities</p> <p>PM Sing-Along with Alyssa</p>	<p>BEECH VILLA Activity Calendar</p> <p>The Activity Calendar is subject to change after the time of printing</p> <p>It is our attitude at the beginning of a difficult task, which more than anything else, will affect its successful outcome. William James</p>			

