


May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 AM Word Games PM Spiritual Time	MINDFULNESS MONDAY 2 AM Brain and Body Fit PM Manicures	TALK TUESDAY 3 AM Brain and Body Fit PM Outdoor Enjoyment	AM Reminiscing 4 2:00 OARC MENTAL HEALTH WEBINAR PM Axe Throwing	5 AM Morning coffee/tea and talk PM Washers on the Balcony	6 AM Brain and Body Fit 2:00 Just Because	Herb Day 7 AM Balloon Ball and Trivia PM Outdoor Enjoyment
Ontario Association of Residents Councils – Mental Health Week for Residents in LTC						
 8 AM Spiritual Time PM Mother's Day Sundaes <small>Mothers Day</small>	9 AM Brain and Body Fit PM Word Games	10 AM Brain and Body Fit PM Outdoor Enjoyment	11 AM Creative Arts 2:00 Music with Cliff	12 AM Short Stories PM Bingo <small>Nurses day</small>	13 AM Brain and Body Fit PM Frog Jump Game <small>Frog Jumping Day</small>	 14 AM Balloon Ball and Trivia PM Outdoor Enjoyment <small>Migratory Bird Day</small>
15 AM Word Games PM Spiritual Time	16 AM Brain and Body Fit PM Manicures	17 AM Brain and Body Fit PM Resident Meeting (4 th)	18 AM Ring Toss on the Balcony 2:00 Volunteer Appreciation In the Pavilion	19 AM Morning Walks PM Birthday Tea	20 AM Brain and Body Fit 1:45 Rec.Dpt.Staff mtg	21 AM Balloon Ball and Trivia PM Hard Rock Cafe
22 AM Word Games 2:00 Church Service 4 th	23 AM Brain and Body Fit PM News & Views	24 AM Brain and Body Fit PM Outdoor Enjoyment	25 AM Creative Arts PM Tim Horton's social	26 AM Ball Shoot on the Balcony 2:00 Music with Andy	27 AM Brain and Body Fit PM Bingo	28 AM Balloon Ball and Trivia PM Outdoor Enjoyment
29 AM Word Games PM Salvation Army Service in the Pavillion	30 AM Brain and Body Fit PM Manicures	31 AM Brain and Body Fit PM Outdoor Enjoyment				

Maple Activity Calendar

The Activity Calendar is subject to change after the time of printing