













5th Floor Activity Calendar

· May 2022 ·

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM 1 Coffee & Games Relaxation Therapy PM Hymn Sing	AM 2 Exercises PM Sing-a-long <i>Mindfulness Monday</i>	AM 3 Manicures PM <i>Tim Hortons</i> Coffee Hour <i>Talk Tuesday</i>	AM 4 Physical Games  PM Scattergories <i>OARC Mental Health Webinar</i>	AM 5 Family Calls One to Ones PM Arts & Crafts <i>Cinco de Mayo</i>	AM 6 Exercises PM Bingo!	AM 7 Sunshine Parade One to One Visits PM Trivia & Treats
<i>Ontario Association of Residents Councils – Mental Health Week for Residents in LTC</i>						
AM 8 Hymn Sing  PM Mother's Day High Tea <i>Mother's Day</i>	AM 9 Exercises  Lunch Music w Sylvin <i>OAK</i> PM Karaoke Party!	AM 10 Manicures PM Short Stories	AM 11 Physical Games PM Outdoor Enjoyment	AM 12 Family Calls One to One Visits PM Arts & Crafts <i>Nurse's Day</i>	AM 13 Exercises  PM Music w Just Because <i>CEDAR</i> Bingo! <i>OAK</i>	AM 14 Exercises One to One Visits PM Movie & Popcorn
AM 15 Coffee & Games Relaxation Therapy PM Church Service	AM 16 Exercises PM Music & Movement	AM 17 Manicures  PM 5 th Floor Birthday Party	AM 18 Physical Games PM Volunteer Appreciation In the Pavilion	AM 19 Believer's Communion <i>OAK</i> Family Calls PM  Arts & Crafts <i>OAK</i> Music with Andy <i>CEDAR</i>	AM 20 Exercises PM Recreation Department Staff Meeting	AM 21 Exercises One to One Visits PM  Travelogue: The Netherlands
AM 22 Coffee & Games Relaxation Therapy PM Hymn Sing	AM 23 Exercises PM Sing-a-long	AM 24 Manicures PM Resident Meeting Outdoor Enjoyment	AM 25 Physical Games PM  Music with Cliff <i>OAK</i> Tea & Treats <i>CEDAR</i> 	AM 26 Family Calls One to One Visits PM Indoor Gardening	AM 27 Exercises  PM Music w Just Because <i>OAK</i> Bingo! <i>CEDAR</i>	AM 28 Exercises One to One Visits PM Travelling Tuck Cart
AM 29 Coffee & Games Relaxation Therapy PM Church Service - <i>PAVILION</i>	AM 30 Exercises Lunch Music w Sylvin <i>CEDAR</i> PM  Music with Cliff <i>CEDAR</i> Name that Tune <i>OAK</i>	AM 31 Manicures PM  Coffee Tasting				

The Activity Calendar is subject to change after the time of printing.