

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2021

## Glanmire Community Activity Calendar



**CANADA DAY**  
12:00 BBQ Lunch  
2:30 Canada Day Social & Ice-cream!

Canada Day

<p>4 11:15 Spiritual Readings &amp; Hymns</p>  <p>Independence Day (US)</p>	<p>5 10:15 Chair Exercises 2:00 The Gerry Phillips Band to Entertain- in the Court Yard</p>	<p>6 10:15 Chair Exercises 2:00 Crossword Puzzles on the Porch &amp; Cocktails 7:00 Ring Toss</p> 	<p>7 10:30 Men's Coffee Hour &amp; News View</p>  <p>1:00-4:00 Zooms &amp; FaceTime Calls 1-1 Garden Strolls</p>	<p>8 10:15 Chair Exercises 2:00 Travelling Ice Cream Cart</p> 	<p>9 10:15 Chair Exercises 2:00 Bingo 7:00 Campfire Night (1st floor Residents Only)</p> 	<p>10 9:15 Trivia Time</p> 
<p>11 11:15 Spiritual Readings &amp; Hymns</p> 	<p>12 10:15 Chair Exercises 2:00 Ladies Painting/Crafts</p>  <p>3:00 1-1visits</p>	<p>13 10:15 Chair Exercises 2:00 Bingo 7:00 Bowling</p> 	<p>14 2:00 Monthly Birthday Party Cart!</p>  <p>1:00-4:00 Zooms &amp; FaceTime Calls 1-1 Garden Strolls</p>	<p>15 10:15 Chair Exercises 11:00 Finish the line 2:00 Travelling Ice Cream Cart 3:00 Manicures</p>	<p>16 10:15 Chair Exercises 12:00 French Fry Friday (Sign up with Laurie if interested) 2:30 Touch &amp; Play Program 7:00 Travelling Pub Cart</p>	<p>17 9:15 Mental Aerobics</p> 
<p>18 11:15 Spiritual Readings &amp; Hymns</p> 	<p>19 10:15 Chair Exercises 11:00 Resident Planning &amp; Education Meeting 2:00 Barn Yard Visits Courtyard</p>	<p>20 10:15 Chair Exercises 2:00 Milk Shakes on the Porch &amp; Music</p>  <p>7:00 Wii Game</p>	<p>21 10:30 Men's Coffee Hour &amp; News and Views</p>  <p>1:00-4:00 Zooms &amp; FaceTime Calls 1-1 Garden Strolls</p>	<p>22 10:15 Chair Exercises 11:00 Spelling Bee 2:00 Travelling Ice Cream Cart</p> 	<p>23 10:15 Chair Exercises 2:00 Bingo 7:00 Campfire Night (2nd floor Residents Only)</p> 	<p>24 9:15 Summer Time Trivia</p> 
<p>25 11:15 Spiritual Readings &amp; Hymns</p> 	<p>26 10:15 Chair Exercises 11:00 Reminiscing 2:00 Mini Golf -outside weather permitting</p>	<p>27 10:15 Chair Exercises 1:30 Watermelon Social &amp; "Categories Game" 7:00 Bean Bag Toss</p>	<p>28 10:30 Fun with Food 1:00-4:00 Zooms &amp; FaceTime Calls 1-1 Garden Strolls</p>	<p>29 10:15 Chair Exercises 11:00 Stories &amp; Poetry 2:00 Travelling Ice Cream Cart</p> 	<p>30 10:15 Chair Exercises 2:00 Bingo 7:00 Travelling Pub Cart</p>	<p>31 9:15 Brain Games</p> 

Please see whiteboards for the most up to date activities. \* Wellness Centre opened to Glanmire Residents on Wednesdays 10-12 & 2-4pm

