

September 2023

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY

Spruce Villa

'BY ALL THESE *LOVELY TOKENS* SEPTEMBER DAYS ARE HERE, WITH SUMMER'S BEST OF WEATHER AND
 AUTUMS *BEST OF CHEER*' – HELEN HUNT JACKSON

Fun & Fitness Friday Funnies Name That Tune/Sing Along Trivia	1	Stretch and Stroll Current Events Classic Movie Table Tennis Nature Therapy	2	Spiritual Hour Lawrence Welk Post Cards & Pen Pals	3	Fun & Fitness Monday Massages & Manicures 1:30 Pet Therapy 2 nd Chair Twister Life Skills What's Growing in the Garden	4	Fun & Fitness Coloring Corner 2:00 Resident Floor Mtg 2 nd	5	Fun & Fitness Wednesday Word Game Keno Garden Group Reading Group	6	Fun & Fitness Trivia-Finish the Phrase Horseraces	7	Chair Fitness Baking Dog Treats Proverbs Men's Game Night	8	Saturday Stretches Montessori-Matching Tim Hortons Social Bean Bag Toss Friendly visits	9
Sunday Strolls & Spiritual Sing a Long Lawrence Welk Salvation Army Church Music Makers Guess how old they are now	10	10AM resident Council Monday Massages & Manicures Birthday Tea S/B School Days Reminiscing Famous Pairs Trivia	11	Fun & Fitness Coloring Corner Crafty Creations Sorting Proverbs	12	Fun & Fitness Alphabet Word Game Bake Sale Baking	13	Corn Husking 9:30/1:30 Drives Mini-Putt Evening Massages and Music	14	Fun & Fitness 10AM Holy Communion & Rosary 2:00 Cold Creek Cloggers Pavilion Movie & Memories	15	Anna Baking Squares Pig Dice Game 2:00 Music with Hisen MPR Blank Slate Word Game Relaxing Readings	16	RESIDENT COUNCIL WEEK SEPT 11-17			
Spiritual Hour Lawrence Welk Eastminster Church Shut the Box Card Game Montessori-Sorting	17	Fun & Fitness Monday Massages & Manicures Bowling Crokinole Name that Tune	18	Fun & Fitness Coloring Corner 11:15 Calendar Planning Mtg 2:00 Sing-a-long	19	Fun & Fitness Word Game-Things that go together Musical Movie 1:45 Recreation Department MTG Match Game 7PM Lion's Club Bingo	20	Fun & Fitness Trivia-Proverbs 9:30/1:30 Drives Animal Adoption	21	Bake Sale Baking Laughing Yoga Smile Time Pub Night	22	Saturday Stretches Montessori-Folding Music with Cody End of Summer Social B/S Match-Up Shooting Hoops	23				
Sunday Strolls & Spiritual Sing a Long Maranatha Church Scattergories Trivia	24	Fun & Fitness This Day In History 12:45 Music with Shirley 2E Card Bingo Word Trivia Friendly Visits	25	Fun & Fitness Coloring Corner 2:00 Pet Therapy 2 nd Fall Art Therapy Name that Celebrity	26	Fun & Fitness Wednesday Word Games 1:30 Quinte Mall	27	Fun & Fitness Trivia-Name the food 2 PM United Communion 1:1 Garden Strolls	28	Fun & Fitness 10AM Holy Communion & Rosary Sprucing up Spruce Montessori	29	Stretch and Stroll Bake Sale Baking Word Ladder Pub Cart	30				

