

MANOR TIMES

Remembrance Day—November 11, 2023

A TRIBUTE:

In the year 2002 there was a war movie produced, entitled 'We Were Soldiers'.

There was a hymn created for the movie, and it was dedicated to 'All the true warriors everywhere, past and present, who – whether in battle or in peace, have struggled and sacrificed for the sanctity of life – the dignity and liberty of humanity – innocent beautiful nature – and the fundamental truth that resides in every heart; Unity and Universal Love!

The words:

To fallen soldiers, let us sing,

Where no rockets fly , nor bullets

wing.

Our broken brothers – let us bring,

T O T H E MANSIONS OF THE LORD.

N o m o r e bleeding, no more fight,

No prayers pleading through the night.

Just Divine Embrace - Eternal Light,

I N T H E MANSIONS OF THE LORD!

Where no mothers cry and no children weep,

We will stand on guard, though the angels sleep.

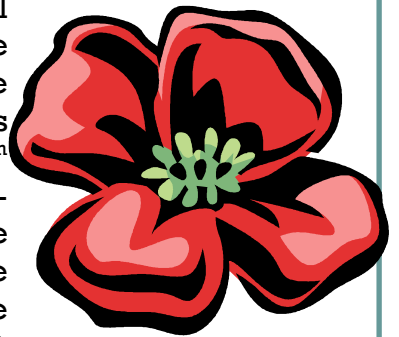
All through the ages – safely keep,

I N T H E MANSIONS OF THE LORD!

This music has become part of memorial services over the years. It was played as the Recessional at President Ronald Reagan's funeral in 2004 and, more recently, at the memorial services on September 11th (the 22nd anniversary of the terrible disaster at the World Trade Centre buildings) for the New York Firefighters and First Responders.

TO OUR FALLEN WARRIORS:

They shall grow not old, as we that are left grow old. Age shall not weary them, nor the years condemn. At the going down of the sun, and in the morning, we will remember Them!



Inside this issue:

Spooning	2
Why A Dog	3
Trivial Trivia	3
Holiday Bazaar	4
Weirdness	6
Satisfaction Survey	7
For The Love Of A Dog	8

Spooning

A holy man was having a conversation with the Lord one day and said' "Lord, I would like to know what Heaven and Hell are like."

The Lord led the holy man to two doors. He opened one of the doors and the holy man looked in. In the middle of the room was a large, round table. In the middle of the table was a large pot of stew, which smelled delicious and made the holy man's mouth water. The people sitting around the table were thin and sickly. They

appeared to be famished. They were holding spoons with very long handles that were strapped to their arms and each found it possible to reach into the pot of stew and take a spoonful. But because their handle was longer than their arms, they could not get the spoon back to their mouths. The holy man shuddered at the sight of their misery and suffering. The Lord said, "You have seen Hell."

"They went into the next room and opened the door. It was exactly the same as the first one."

They went into the next room and opened the door. It was exactly the same as the first one. There was a large round table with the large pot of stew which made the holy man's mouth water. The people were equipped with the same long-handled spoons, but here the people were well nourished and plump, laughing and talking.

The holy man said, "I don't understand."

"It is simple." said the Lord. "It requires but one skill. You see, they have learned to feed each other, while the greedy think only of themselves."

Remember Me

Don't remember me with sadness,

Don't remember me with tears,

Remember all the laughter,

We've shared throughout the years.

Now I am contented

That my life is worthwhile,

Knowing that In

passing along the way

I made somebody smile.

When you are walking down the street

And you've got me on your mind,

I'm walking in your footsteps

Only half a step behind.

So please don't be unhappy

Just because I'm out of sight,

Remember that I'm with you

Each morning, noon, and night!



ATTENTION ... Residents, Staff, Volunteers & Family Members

It is time once again to dust off those knitting needles and get them busy making warm mittens for the needy children in our area.

donated to the Belleville Firefighters' Toy Drive.

Please give your mittens to any of the Activity Girls.

Thank you so much for your support!

All mittens will be



Why A Dog

Dogs come into our lives to teach us about love.

replaces an old dog – it merely expands the heart.

They depart to teach us about loss.

If you have loved many dogs – your heart is very big!

A new dog never



Trivial Trivia

It is absolutely impossible to sneeze if your eyes are open.

as much as men.

It is all but impossible to lick your elbow.

The porpoise is second only to man as the most intelligent animal on the planet.

You can't hum while pinching your nose.

Honey is the only food that does not spoil.

The female lion does most of the hunting.

Ketchup was once sold as medicine.

Bulletproof vests, fire escapes, windshield wipers and laser printers were all invented by women.

Almost half of the world's population has never made or received a phone call.

In England, the

Women blink twice

Speaker of the House is not allowed to speak.

'Almost' is the longest word in the English language having all of its letters in alphabetical order.

'Rhythm' is the longest English word without a vowel.

So there you have it; a sort of lighthearted look at nothing in particular.

Now.....stop trying to lick your elbow!!!!



Holiday Bazaar & Sale

Friday, November 3rd in the Main Floor

9:30 a.m. to 3:30 p.m.: Resident's Council 50/50 draw & Raffle Table ticket sales, Community Craft Vendors

1:30 p.m. to 3:30 p.m.: Craft & Baked Goods in the Multipurpose Room

Residents, family, team members and visitors are welcome to attend!

Proceeds will support the paid entertainment and special programs provided to the residents throughout the year

The Lord Names The Beings Of The Earth

When God had made the
Earth and the Sky

The flowers and the trees.

He then made all the ani-
mals

And all the birds and bees.

And, when his work was
finished

Not one was quite the
same.

He said 'I'll walk this Earth
of mine

And, give each one a
name'.

And so, He travelled land
and sea

And everywhere He went,

A little creature followed
Him

Until it's strength was
spent.

When all were named up-
on the Earth

And in the Sky and Sea.

The little creature said
'Dear Lord,

There's not one left for
me'.

The Father smiled and
softly said

'I've left you to the end,

I've turned my own
name back to front,

And I've called you
Dog....my friend!'

And I called my friend
Lucy,

and I loved her dearly
for all of
her 12
years!

*I Love
My
Dog*

The Train of Life

Some folks ride the train
of life

Looking out the rear,

Watching miles of life
roll by,

And marking every
year.

They sit in sad
remembrance,

Of wasted days gone by,

And curse their life for
what it was,

And hang their heads
and cry.

But I don't concern
myself with that,

I took a different
vent,

I look forward to what
life holds,

And not what has been
spent.

So strap me to the
engine,

As securely as I can be,

I want to be out in the
front,

To see what I can see.

I want to feel the winds
of change,

Blowing in my face,

I want to see what life
unfolds,

As I move from place to
place.

I want to see what's
coming up,

Not looking at the
past,

Life's too short for
yesterdays,

It moves along too fast.

So if the ride gets
bumpy,

While you are looking
back,

Go up front, and you
may find,

Your life has jumped the

track.

It's all right to
remember,

That's part of history,

But up front's where it's
happening,

There's so much
mystery.

The enjoyment of
living,

Is not where we have
been,

It's looking ever
forward,

To another year and ten.

It's searching all the
byways,

Never should you
refrain,

For if you want to live
your life,

You've gotta drive the
train!

Weirdness

Humans are the only creatures on Earth that will cut down a tree, turn it into paper, and then write 'Save The Trees' on it.

Lucy said to Linus 'We only live once!'. Snoopy remarked 'Wrong - we only die once. We live every day!'

Finally - the 4th ape - He is the sum of the first three. He sees nobody, hears nobody, and speaks to nobody.



We were all humans until:

Race disconnected us

Religion separated us.

Politics divided us.

And Wealth classified us!

Everything we hear is an opinion - not a fact. Everything we see is a perspective - not the truth.

A quote from Sir Anthony Hopkins: 'None of us are

getting out of here alive, so stop treating yourself as an afterthought. Eat the delicious food - walk in the sunshine - jump in the ocean - say the truth you're carrying in your heart like hidden treasure. Basically, be kind, be weird - there's no time for anything else!'

Ed's note: Be silly, be kind, be weird - why not?

Yogisms (Mind-benders)

The hall of fame New York Yankees catcher - Yogi Berra - was famous for his baseball blurbs:

It's like déjà vu all over again.

No one goes there nowadays - it's too crowded.

Baseball is 90% mental, and the other half is physical.

Always go to other people's funerals - otherwise they won't come to yours.

You better cut the pizza in 4 pieces - I'm not hungry enough to eat 6.

Slump? I ain't in no slump - I

just ain't hitting.

The future ain't what it used to be.

If the people don't want to come to the ballpark - nobody's going to stop them.

You can observe a lot by watching.

When you see a fork in the road - take it.

It ain't over till it's over!

Eds note: The man was a legend in his own mind! But, he was a great catcher!

Annual Resident & Family Satisfaction Survey

Hastings Manor is conducting its annual Resident and Family Satisfaction Surveys. This is done annually to improve quality of life, resident care and services the home offers. We use the feedback as an important tool in our Quality Improvement Program.

There are two different surveys: a resident version and a family version.

Residents are able to complete their survey themselves or with assistance from a family member, Recreation Aide or a volunteer. If you would like to assist your resident of Hastings Manor in completing the survey go to:

<https://www.surveymonkey.com/r/ResSat2023>

You may wish to share the information with other members of the family.

1. Go to <https://www.surveymonkey.com/r/FamSat2023>
2. Call the office at ext. 2265 and request a copy be mailed to you

If you are completing an electronic survey, click on "I am a POA/Family Member/Friend of a Resident", and fill in the family survey.

Please complete the survey(s) by November 30, 2023.

The individual results of each survey will be kept confidential. Results of the surveys will be shared with the Leadership Team and Residents' Council.

Thank you in advance for participating in this quality improvement initiative.

If you have any questions, please contact Jennifer LeClair at 613-968-6467 ext. 2244.

Sincerely,

Kristen Merritt,
Administrator



November, 2023

476 Dundas Street
West
Belleville, Ontario
K8N 5B2
Phone: 613-968-6467

www.hastingscounty.com

Printed 325 copies. The Manor Times is produced monthly by the Recreation Department. The Manor Times is distributed to residents, spare copies are available at the reception desk.

If you have an idea or suggestion for the publication call Jennifer at 613-968-6467 ext.2244 or leclairj@hastingscounty.com

For The Love Of A Dog

No matter how little money and how few possessions you own, having a dog makes you rich.

They motivate us to play, be affectionate, seek adventure, and be loyal.

Dogs teach us many things about being a better person that people don't teach.

Dogs laugh, but they laugh with their tails and a dog wags it's tail with it's heart.

I have found that when you are deeply troubled, there are things that you get from the silent devoted companionship of a dog, that you don't; get from any other source.

Dogs do not ruin their

sleep worrying about how to keep the things they have and to obtain the objects they have not, There is nothing of value they have to bequeath except their love and their faith.

I think dogs are the most amazing creatures. They give us unconditional love. For me they are the role model for being alive.

We give dogs time we can spare, space we can spare, and love we can spare. And, in return, dogs give us their all. It's the best deal man has ever made.

I can't think of anything that brings me closer to tears than when my old dog, completely exhausted after a hard

day in the field, limps away from her nice spot in front of the fire, comes over to where I am sitting, puts her head in my lap, a paw over my knee, closes her eyes and goes to sleep.

Your dog is your friend, your partner, your defender. You are his life, his love, his leader.

He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion.

I always say "Friends are the family you choose". Is it any wonder that dogs are called "Man's Best Friend".

