

# September 2023

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY

## BEECH VILLA

The Activity Calendar is subject to change after the time of printing.

AM Spiritual Time AM Stretch & Stroll  PM Men's Group <sup>B/S</sup> PM Sunday Night Sports Show	<b>3</b>	<b>Labour Day</b> AM Step Machine AM Ball Therapy  1:30 Pet Therapy 2 <sup>nd</sup> PM Post Card & Pen Pals PM Short Stories	<b>4</b>	AM Fun & Fitness AM Montessori: Folding/ Sorting  2:00 Resident Floor Mtg PM Chair Twister PM Sing-Along	<b>5</b>	AM Step Machine AM Ball Therapy  PM Classic Movie	<b>6</b>	AM Brain Fit & Laughter Yoga AM Montessori Activities  PM Shuffleboard PM What's growing in the Garden? PM Keno	<b>7</b>	AM Step Machine AM Ball Therapy  PM Bingo PM Social Visits PM Movie Night & Snacks	<b>8</b>	AM Fun & Fitness AM Hand Massage  PM Card Games PM Trivia	<b>9</b>
AM Spiritual Time AM Hand Massage  2:00 Church Service Salvation Army PM Bean Bag Toss PM Lawrence Welk Show	<b>10</b>	AM Step Machine AM Ball Therapy 10:00 Resident's Council Mtg. <sup>MPR</sup>  PM <b>Birthday Party B/S</b> PM Men's Chat PM Word Game	<b>11</b>	AM Brain Fit & Laughter Yoga AM Montessori Activities Hand Massage  2:00 Outdoor Enjoyment	<b>12</b>	AM Step Machine AM Ball Therapy  PM OBIE PM Montessori: Sorting & Folding PM KENO	<b>13</b>	9:30 Drive 2nd  AM Fun & Fitness AM Wheelchair Stroll PM Wood Painting	<b>14</b>	AM Brain Fit & Exercises 10:00 Rosary Prayer & Holy Communion 2:00 Cold Creek Cloggers Pavilion PM Chair Movement PM Games Room	<b>15</b>	AM Balloon Toss AM Hand Massage  2:00 Music with Hisen MPR PM Shut the Box-Card Game PM Movies Memories or Baking	<b>16</b>
Aug 11-17 Resident Council Week <span style="float: right; font-size: 2em;">➔</span>													
AM Spiritual Time AM Stretch & Stroll  2:00 Church Service Eastminister Church PM Men's 'Group B/S PM Sport's Night with Snacks	<b>17</b>	AM Step Machine AM Ball Therapy  PM Afternoon Pub & Music	<b>18</b>	AM Fun & Fitness AM Hand Massage 11:15 Calendar Planning Mtg.  PM Sing-a-long PM Music Makers PM Reading Group	<b>19</b>	AM Step Machine AM Ball Therapy  1:45 Recreation Department Mtg.  7:00 Lions Club Bingo	<b>20</b>	AM Brain Fit /Laughter Yoga AM Montessori Activities  PM Bowling PM Outdoor Visits PM Trivia: Things your mother Told you	<b>21</b>	AM Step Machine AM Ball Therapy  PM Bingo PM Trivia: Famous People PM Matching Game	<b>22</b>	AM Fun & Fitness AM Social Visits <b>PM End of Season Social B/S</b> 2PM Music with Cody MPR PM Soccer PM Works Sheet PM Name that Celebrity	<b>23</b>
AM Spiritual Time AM Montessori  2:00 Church Service Maranatha Church PM Reminiscing PM Lawrence Welk Show	<b>24</b>	AM Step Machine AM Ball Therapy 12:45 Music with Shirley 2E  PM OBIE PM Men's Chat PM Games Room	<b>25</b>	AM Brain Fit & Laughter Yoga AM Manipulative Activities  2:00 Pet Therapy PM Flower Arrangement	<b>26</b>	AM Step Machine AM Ball Therapy  1:30 Quinte Mall PM Sing-Along PM Cards Game PM Guess How Old Are They Now	<b>27</b>	AM Fun & Fitness AM Cards & Board Games 10AM United Communion 2PM County Crows PM Virtual Canadian Museum of History Tour	<b>28</b>	AM Brain Fit & Exercises 10:00 Rosary Prayer & Holy Communion  PM Bingo PM Read-a-loud PM Pub Night	<b>29</b>	AM Balloon Toss AM Hand Massage PM Classic Movie 2:00 Songs of Home Entertainment MPR PM Post Cards & Pen Pals PM Hang Man	<b>30</b>

AM Step Machine  
AM Ball Therapy  
  
PM Social Visits  
PM Movie Night & Snacks  
  
AM Brain Fit & Laughter Yoga  
AM Hand Massage  
    Manipulative Activities  
  
PM Baking <sup>B/S</sup>  
PM Name that Tune  
PM Trivia