

# July 2026

## 4th Floor Maple & Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:00am Garden Club 10:00am Hulling Strawberries 2:00pm Canada Day Strawberry Social	<b>2</b> 10:30am Pet Therapy 4th	<b>3</b> 10:15am Tai Chi-MPR 2:00pm Harvey & Friends Wheelchair Dancers-MPR	<b>4</b> 10:00am Baking-MPR 2:00pm Loonie Bingo-MPR
<b>5</b> 10:00am Garden Club 10:00am Word Games 2:00pm Church Service - Hastings Park Bible - MPR	<b>6</b> 10:00am Ceramics-MPR 10:00am Exercise 10:30am Trivia 2:00pm Sunrisers-Pavilion	<b>7</b> 10:00am Manicures 10:15am Hand Massages 2:00pm Ring Toss	<b>8</b> 10:00am Garden Club 10:00am Resident's Council Meeting-MPR 2:00pm Sundae Social-Pavilion	<b>9</b> 10:00am Bingo 2:00pm Farm Animals-Pavilion	<b>10</b> 9:45am Exercise 10:00am Can You Match it? 10:30am Holy Communion & Rosary Prayer-MPR 2:00pm Cyber Training-MPR	<b>11</b> 10:00am Exercise 10:30am Trivia 2:00pm Group Trivia-MPR
<b>12</b> 10:00am Garden Club 10:00am Word Games 2:00pm Church Service - Salvation Army - MPR 2:45pm French Group-MPR	<b>13</b> 9:00am Walmart Outing* 10:00am Exercise 10:30am Trivia 1:00pm Struisvogel Ranch Outing*	<b>14</b> 10:00am Manicures 10:30am Pet Therapy 4th 2:00pm Arts & Crafts - Surf's up	<b>15</b> 10:00am Garden Club 10:00am Resident Welcome Package Review-4th 2:00pm Music with Rick Hancox-MPR 7:00pm Lions Club Bingo - MPR	<b>16</b> 10:00am Friendly Visits 12:00pm Maple BBQ 2:00pm Bible Study-MPR <b>Book Exchange</b>	<b>17</b> 10:00am Communion with Hank & Marlene-MPR 2:00pm New Comers Social-MPR	<b>18</b> 10:00am Fun & Fitness-MPR 2:00pm Bunko-MPR
<b>19</b> 10:00am Garden Club 10:00am Word Games 2:00pm Church Service-Eastminster-MPR	<b>20</b> 10:00am Chair Yoga-MPR 10:00am Exercise 10:30am Trivia 1:30pm Pet Therapy 4th 2:00pm Tim Horton's Social-MPR	<b>21</b> 10:00am Manicures 10:15am Hand Massages 2:00pm Resident's Council Floor Meeting-4th	<b>22</b> 10:00am Garden Club 10:15am Exercise 10:30am Trivia 2:00pm Special Event Social-Alana's Program	<b>23</b> 10:00am Reminiscing 2:00pm Music with Cliff Andrews-4th	<b>24</b> 10:30am Holy Communion & Rosary Prayer-MPR 2:00pm Birthday Party-MPR	<b>25</b> 10:15am Friendly Visits 10:15am Euchre-4th 2:00pm The Young & Restless Group-Games Room
<b>26</b> 10:00am Garden Club 10:00am Word Games 2:00pm Church Service-Maranatha Church - MPR	<b>27</b> 10:00am Exercise 10:30am Trivia 2:00pm Shuffleboard	<b>28</b> 10:00am Manicures 10:15am Hand Massages 2:00pm Arts & Crafts	<b>29</b> 10:00am Garden Club 10:15am Exercise 10:30am Trivia 2:00pm Art of Music-MPR	<b>30</b> 10:00am Bingo 2:00pm Music with Rich Hubick-MPR	<b>31</b> 10:00am Exercise 10:30am Trivia 2:00pm Karaoke-MPR	

*The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information. Please note: there will be an \* beside programs that residents need to sign up for.*