







# Cheddar Community Calendar

## June 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>1</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Monday Manicures 1:00pm Wellness Center Activities 1:30pm Sunday Baking 3:00pm Balloon Volleyball 4:00pm Adult Coloring 7:00pm Sing A Long	<b>2</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Spiritual Reading <b>12:00pm Italian Lunch</b> 1:00pm Wellness Center Activities 2:30pm Travelogue to Italy! 3:00pm Reading Roundtable 4:00pm Garden Strolls <b>ITALIAN NATIONAL DAY!</b>	<b>3</b> 9:15am Fun and Fitness(AR) 10:00am Late Riser's Breakfast Club- Word Game Wednesday 1:00pm Wellness Centre Activities 2:00pm Intergenerational Program 3:00pm Garden Strolls 4:00pm Reading Roundtable 7:00pm Toast and Jam	<b>4</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 1:30pm Bus Outing to Shopper's Drug Mart 2:00pm Travelling Ice Cream 4:00pm Relaxation & Meditation with Tender Touch 6:45pm Netflix Night!	<b>5</b> 9:15am Badminton 10:00am Late Riser's Breakfast Club- Current Events 1:00pm Wellness Centre Activities 1:30pm Horticulture 3:00pm Hallwalks and Reminiscing 4:00pm Chores 7:00pm Campfire	<b>6</b> 10:00am Late Breakfast 2:00pm Bingo 	
<b>7</b> 10:00am Late Breakfast 2:00pm Evangelical Church Service 3:00pm Afternoon Tea(AR)	<b>8</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Monday Manicures 1:00pm Wellness Center Activities 1:30pm Craft Afternoon 3:00pm Balloon Volleyball 4:00pm Adult Coloring 7:00pm Sing A Long	<b>9</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Spiritual Reading 11:00am Menu Committee Meeting 1:00pm Wellness Center Activities <b>1:30pm Line Dancing(AR)</b> 3:00pm Reading Roundtable 4:00pm Garden Strolls	<b>10</b> 9:15am Fun and Fitness(AR) 10:00am Late Riser's Breakfast Club- Word Game Wednesday 1:00pm Wellness Centre Activities 1:30pm June Birthday Party 3:00pm Garden Strolls 4:00pm Reading Roundtable 7:00pm Music and Movement	<b>11</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club 10:30am Catholic Mass 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 4:00pm Relaxation & Meditation with Tender Touch 6:45pm Bingo!	<b>12</b> 9:15am Hockey 10:00am Late Riser's Breakfast Club- Current Events 1:00pm Wellness Centre Activities <b>2:00pm Grand Opening of the Gazebo/Stage - Ft. The Gerry Phillips Band!</b> 3:00pm Hallwalks and Reminiscing 4:00pm Chores	<b>13</b> 10:15am Hymn Sing With Vivian 1:30pm Games Afternoon 	
<b>14</b> 10:00am Late Breakfast 2:00pm Bancroft Bible Chapel Church Service 3:00pm Afternoon Tea(AR)	<b>15</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Monday Manicures 1:00pm Wellness Center Activities 1:30pm Spring Baking Afternoon 3:00pm Balloon Volleyball 4:00pm Adult Coloring	<b>16</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Spiritual Reading 1:00pm Wellness Center Activities 1:30pm Fun with Food - Hulling Strawberries 3:00pm Reading Roundtable 4:00pm Garden Strolls <b>7:00pm Elvis!</b>	<b>17</b> 9:15am Fun and Fitness(AR) 10:00am Late Riser's Breakfast Club- Word Game Wednesday 1:00pm Wellness Centre Activities <b>1:30pm Strawberry Social</b> 3:00pm Garden Strolls 4:00pm Reading Roundtable 	<b>18</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club 10:00am Resident's Council 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 1:30pm Bingo 1:30pm Bus Outing to the Legion 2:00pm Travelling Ice Cream 4:00pm Relaxation & Meditation with Tender Touch 6:45pm Bingo	<b>19</b> <b>12:00pm Fish and Chips for Fathers</b> 1:00pm Wellness Centre Activities 3:00pm Hallwalks and Reminiscing <b>3:00pm Men's Sporting Photo Session on the 2nd.Floor Balcony</b> 4:00pm Chores 7:00pm Campfire 	<b>20</b> <b>10:00am HCM Spring Bazaar!</b> 	
<b>21</b> 10:00am Late Breakfast 2:00pm Pentecostal Church Service 3:00pm Afternoon Tea(AR)	<b>22</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Monday Manicures <b>10:30am Bus Outing to Giant Tiger/Lakefield Restaurant</b> 1:00pm Wellness Center Activities 3:00pm Balloon Volleyball 4:00pm Adult Coloring 7:00pm Sing A Long	<b>23</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Spiritual Reading 1:00pm Wellness Center Activities 1:30pm Outdoor Boardgames 3:00pm Reading Roundtable 4:00pm Garden Strolls	<b>24</b> 9:15am Fun and Fitness(AR) 10:00am Late Riser's Breakfast Club- Word Game Wednesday <b>11:00am Bus Outing to Leo's Chip Truck</b> 1:00pm Wellness Centre Activities 3:00pm Garden Strolls 4:00pm Reading Roundtable 7:00pm Velcro Darts	<b>25</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 4:00pm Relaxation & Meditation with Tender Touch	<b>26</b> 9:15am Mini Golf 10:00am Late Riser's Breakfast Club- Current Events 1:00pm Wellness Centre Activities 3:00pm Hallwalks and Reminiscing 4:00pm Chores <b>7:00pm Drive in Movie Night</b>	<b>27</b> 10:00am Breakfast Club 2:00pm Whiteboard Word Games	
<b>28</b> 10:00am Late Breakfast 2:00pm St. Paul's United Church Service 3:00pm Afternoon Tea(AR)	<b>29</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Monday Manicures 1:00pm Wellness Center Activities 1:30pm Peanut Auction 3:00pm Balloon Volleyball 4:00pm Adult Coloring 7:00pm Sing A Long	<b>30</b> 9:15am Exercise Group 10:00am Late Riser's Breakfast Club- Spiritual Reading 1:00pm Wellness Center Activities 1:30pm Delivering Calendars 3:00pm Reading Roundtable 4:00pm Garden Strolls	