

















March 2025

2nd Floor Spruce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Saturday sit & Get Fit 10:00am Conversation Catch 2:00pm Horseraces 2:30pm Nu-Stepper 3:30pm Saturday Sing Along 6:30pm Word Rhyme 
2 9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service - Hastings Park Bible - MPR 2:00pm Montessori & Music 3:30pm World Wildlife Day Trivia 6:30pm Sunday Sing a Long 	3 9:30am Music and Movement 10:00am Resident's Council Meeting 10:15am Finish the Proverb 11:00am Manicures with Mani 1:30pm Pet Therapy 2nd 2:00pm Shuffleboard 3:30pm Clothes Pin Game 6:30pm Social time by the fireplace	4 9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Alphabet Word Game 2:00pm Resident's Council Floor Meeting-2nd 3:30pm Social Visits with Mani	5 9:30am Balloon Baseball & Basketball 10:00am Catholic Mass - MPR 10:00am Wednesday Word Game 11:00am Montessori with Mani 2:00pm Trenton Glee Club-MPR 3:30pm Friendly Visits 6:30pm The Origin of Superstitions	6 9:30am Music and Movement with Albert 9:30am Nu-Stepper 10:00am Brain Busters 11:15am Calendar Planning-MPR 2:00pm Indoor Gardening 7:00pm Toast and Tea 	7 9:30am Chuck the Chicken 11:00am Winter Reminiscing 9:30am Music and Movement with Albert 2:00pm Music with Colleen MacAlister-MPR 3:30pm Balloon Games 6:30pm St. Patrick's Day Craft	8 9:00am Table Montessori 9:30am Saturday Spa 2:00pm Under 60 Club-Games Room 2:00pm International Woman's Day Ladies Social 2:30pm Nu-Stepper 6:30pm Short Stories
9 9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service - Salvation Army - MPR 2:00pm Montessori & Music 3:30pm Word Game: Famous Women 6:30pm Virtual Winter Parade 	10 9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Loonie Bingo-MPR 6:30pm Jokes 	11 9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Bowling 3:30pm Nails & Manicures 6:30pm Red or Black Card Game	12 9:30am Walmart Outing 9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game 11:00am Montessori with Mani 1:00pm Quinte Mall Outing 2:00pm Baking 	13 9:30am Music and Movement with Albert 9:30am Nu-Stepper 10:00am Believer's Communion - MPR 10:00am Brain Busters 2:00pm Vicki Spurrell-MPR 3:30pm St. Patrick's Day Coloring 6:30pm Lucky Charms Trivia 7:00pm Toast and Tea	14 9:30am Music & Movement with Albert 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Harvey and Friends-MPR 3:30pm Afternoon Montessori 3:30pm Happy Holi Art Therapy 6:30pm Their, There of They Word Game 	15 9:30am Saturday sit & Get Fit 10:00am Conversation Catch 1:45pm Afternoon Movie-MPR 2:00pm St. Patrick's Day Craft 2:30pm Nu-Stepper 3:30pm Friendly Visits 6:30pm Word Game 
16 9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Montessori & Music 2:00pm Church Service - Eastminster Church - MPR 3:30pm Sounds a Bit Fishy: True or False 6:30pm Hot Choc & Remember When by the Fireplace 	17 9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm St. Patrick's Day Social-MPR 3:30pm Leprechaun Game 6:30pm St. Patrick's Day Dice Game Social 	18 9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Cliff Andrews-2nd 3:30pm Social Visits with Mani 	19 9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game 11:00am Montessori with Mani 1:30pm Ceramics-MPR 2:00pm Tim Horton's Social 6:30pm Classic Movie 7:00pm Lions Club Bingo - MPR 	20 9:30am Music and Movement with Albert 9:30am Nu-Stepper 10:00am Brain Busters 2:00pm-New Resident Welcome-MPR 7:00pm Toast and Tea Book Exchange	21 9:30am Music and Movement with Albert 2:00pm Friday Funnies: Jokes and Funny Stories 2:00pm Percussion Therapy-MPR 3:30pm Chuck the Duck 6:30pm Snow Day Poetry	22 9:00am Table Montessori 9:30am Name 5 10:30am Therapeutic Touch & Music 2:00pm Cards and Games-MPR 2:30pm Nu-Stepper 6:30pm Movie Night 
23 9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service-Pentecostals Church-MPR 2:00pm Montessori & Music 3:30pm Balloon Baseball 6:30pm Spa Night Social 	24 9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Birthday Tea 3:00pm Family Council Meeting-MPR 3:30pm Word Searches 6:30pm This Day in History: March	25 9:30am Nu-Stepper 10:15am Sing the Next Line 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Pet Therapy 2nd 3:30pm Holi Bingo 7:30pm Dayspring Youth Choir-MPR 	26 9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game 11:00am Montessori with Mani 1:45pm-Rec Department Meeting 1:45pm Afternoon Armchair Virtual Travelogue 2:00pm Ring Toss with Mani	27 9:30am Music and Movement with Albert 9:30am Nu-Stepper 10:00am Brain Busters 2:00pm United Communion -MPR 3:30pm Bounce and Score Game 6:30pm Friendly Visits 7:00pm Pub Night-Cafe	28 9:30am Music and Movement with Albert 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Prize Bingo-MPR 3:00pm Men's Group 6:30pm News and Views	29 9:30am Saturday sit & Get Fit 10:00am Conversation Catch 2:00pm Mini-Golf 2:30pm Nu-Stepper 3:30pm Friendly Visits 6:30pm Short Stories: My very Good, Very Bad Cat
30 9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service-Maranatha Church-MPR 2:00pm Montessori & Music 3:30pm Ring Toss 6:30pm Evening Armchair Travel 	31 9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Auction-MPR 3:30pm Minute to Win it Game 6:30pm Ice Cream Sundae Social 