

March 2025



HASTINGS MANOR

MANOR TIMES

HISTORY OF ST.PATRICK'S DAY

St. Patrick's Day is celebrated annually on March 17, the anniversary of Patrick's death in the fifth century. St. Patrick's Day 2025 will take place on Monday, March 17. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast on the traditional meal of Irish bacon and cabbage.

Saint Patrick, who lived during the fifth century, is the patron saint of Ireland and its national apostle. Born in Roman Britain, he was kidnapped and brought to Ireland as a slave at 16. He later escaped, but returned to Ireland and was credited with bringing Christianity to its people.

In the centuries following Patrick's death (believed to have been on March 17), the mythology surrounding his life became ever more ingrained in the Irish culture: Perhaps the most well-known legend of St. Patrick is that he explained the Holy Trinity (Father, Son and Holy Spirit) using the three leaves of a native Irish clover, the shamrock.

ST. PATRICK'S DAY TRIVIA

1. According to Irish lore, what animal did St. Patrick drive out of Ireland?
2. What does the circle at the very center of a Celtic cross represent?
3. What American city has dyed its river green every St. Patrick's Day since 1962?
4. What is another name for Ireland?
5. St. Patrick was originally associated with what color?
6. What is the national flower/emblem of Ireland?
7. What mythological being is a part of St. Patrick's Day lore and Irish culture?
8. What major Catholic holiday does St. Patrick's Day occur during?
9. What iconic structure turns green to celebrate Saint Patrick's Day in England?
10. According to folklore, what is a Leprechaun's occupation?

*Answers on Page 8

Parents Tell Thier Kids They're Getting Divorced But What They Do Next Is Hilarious

An elderly man in Phoenix calls his son in New York and says, "I hate to ruin your day, but I have to tell you that your mother and I are divorcing; forty-five years of misery is enough."

"Pop, what are you talking about?" the son screams.

"We can't stand the sight of each other any longer," the old man says. "We're sick of each other, and I'm sick of talking about this, so you call your sister in Chicago and tell her," and he hangs up.

Frantic, the son calls his sister, who explodes on the phone.

"They're not getting divorced if I have anything to do about it," she shouts, "I'll take care of this."

She calls Phoenix immediately, and screams at the old man, "You are NOT getting divorced. Don't do a single thing until I get there. I'm calling my brother back, and we'll both be there tomorrow. Until then, don't do a thing, DO YOU HEAR ME?" and hangs up.

The old man hangs up his phone and turns to his wife and says, "Okay, they're coming for Thanksgiving...now what do we tell them for Christmas?"

RESIDENT NEWS

Hastings/Quinte Long-Term Care Committee Update

Hastings Manor received \$5,422 in Local Priorities Funding for the purchase of a Holter Monitor, which is a small portable device that records cardiac rhythm over a period of 24-48 hours and can be useful in capturing transient irregularities in heart rhythm. The Local Priorities Fund was established by the Ministry of Long-Term Care to provide Long-Term Care (LTC) homes an opportunity to submit proposals for potential funding to make tailored and targeted investments in specialized staffing, equipment and services. This aims to support the specialized needs of existing and new LTC residents, prevent unnecessary hospitalization, and enable better transitions from hospitals to LTC homes.

Hastings Manor was successful in an application to the Ministry of Long-Term Care's Equipment and Training Fund to support the purchase of an Electrocardiogram (ECG) Machine to aid in obtaining timely diagnostics off-hours and on weekends.

Hastings and Centennial Manors received approval to purchase Point Click Care's Canadian Lab Ordering and Results Integration module that allows the Manors to access patient results and information from external partner agencies and hospitals.

Hastings Manor is installing 8 automatic door openers on the public washrooms to cover each villa at Hastings Manor. The washrooms are wheelchair accessible but lack automatic door openers and are used by both visitors and residents to improve accessibility and independence.

Resident's Council will be selling tickets for an Easter Basket starting the second week of March. Tickets will be 1 for \$2 or 3 for \$5.

FAMILY COUNCIL

Family Council had a meeting February 24th where they welcomed Infection prevention and control nurse Bhawana Sharma, Nurse Practitioner Suzanne, and IPAC spokesperson, Allison. Families were educated on UTI's and had the opportunity to ask questions. A joint family and resident council meeting will be rescheduled for April. The next family council meeting will be held on Monday March 24th at 3pm in the MPR. RAI coordinator Tyler Webber will speak about the Resident Assessment Instrument and answer questions that families have.

St Patrick's Day Word Ladder

Make your way from the leprechaun **trap** to the **luck** o' the Irish by changing just one letter on each step to make a new word! There are 7 steps in this word ladder.



T R A P

Leprechaun catcher.

--	--	--	--

Streetcar.

--	--	--	--

A group with the same goal.

--	--	--	--

Fancy hardwood.

--	--	--	--

Top of a mountain.

--	--	--	--

To poke with a beak.

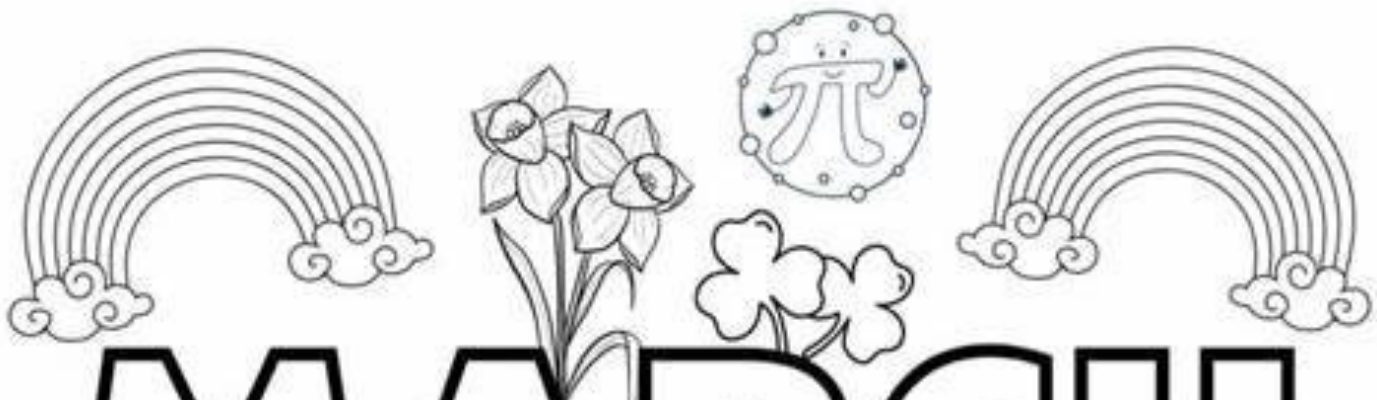
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Rubber ice hockey disk.

L U C K

Good fortune.

*Answers on Page 8



MARCH

WORD SEARCH

S	C	F	S	P	R	I	N	G	E	F	R	W	D	L	O	C	R	BIRDS
R	U	R	T	U	Y	M	I	P	A	A	B	K	X	T	N	A	A	CLOVER
L	P	B	P	F	L	S	A	R	G	I	D	R	A	M	S	Y	I	DAFFODIL
W	E	N	A	E	R	S	R	E	R	T	H	Y	W	R	T	K	N	DR SEUSS
S	D	P	T	B	R	C	E	D	E	R	V	X	A	L	A	M	B	FAT TUESDAY
H	G	L	R	R	E	S	S	I	E	A	F	D	F	E	W	M	O	FLOWER
A	W	W	I	E	T	P	B	D	N	R	E	H	F	K	F	L	W	GREEN
M	A	R	C	H	C	Y	W	E	N	E	S	E	L	I	H	C	S	LAMB
R	J	B	K	R	U	H	N	F	A	T	T	U	E	S	D	A	Y	LEPRECHAUN
O	H	R	S	Y	B	T	A	T	T	I	O	P	D	D	A	R	A	MARCH
C	E	E	D	L	I	L	N	U	E	T	C	Y	A	N	F	R	D	MARDI GRAS
K	E	P	A	N	R	R	O	L	N	I	L	J	Y	E	F	A	I	MARIO DAY
S	E	U	Y	D	S	Y	E	I	L	R	O	S	G	S	O	R	P	PI DAY
D	R	S	E	U	S	S	I	P	A	W	V	A	P	S	D	R	N	RAIN
W	F	M	A	R	I	O	D	A	Y	G	E	L	K	B	I	O	R	RAINBOWS
C	H	Y	A	D	J	O	H	D	N	D	R	E	W	O	L	F	R	SHAMROCK
																		SPRING
																		ST PATRICKS DAY
																		TULIP
																		WAFFLE DAY

MARCH BIRTHDAYS

Zenia (Oak)	Mar 4
Irma (Spruce)	Mar 4
Verna (Elm)	Mar 6
Marilyn (Spruce)	Mar 7
Doreen (Cedar)	Mar 8
Eugene (Pine)	Mar 9
Wallis (Birch)	Mar 10
Michael (Oak)	Mar 12
Glenda (Elm)	Mar 15
John (Beech)	Mar 20
Antonius (Maple)	Mar 21
Wilfred (Birch)	Mar 22

Mario (Birch)	Mar 24
Barry (Beech)	Mar 28
Carol (Pine)	Mar 30
Victor (Birch)	Mar 30



JUST FOR JOKES



After 15 years of marriage the wife asked her husband to describe her.

The husband looked at her slowly and without blinking an eye, said, “ABCDEFGHGIJK.”

“What does that mean?” She asked.

“Adorable, Beautiful, Cute, Delightful, Elegant, Fashionable, Gorgeous and Hot!!!” he replied.

Wife Smiling asked, “So sweet of you honey. What about IJK?”

He replied, “I’m Just Kidding

95TH BIRTHDAY CELEBRATION ON SPRUCE VILLA!

Resident, Sam H. celebrated his 95th birthday on February 15, 2025 (which is also the 60th Anniversary of Canada's Flag on Flag Day). Sam thoroughly enjoyed himself as he was lovingly celebrated by not only his oldest friends, wife and son, but also by all his new Spruce Villa family as well. The staff went above and beyond to decorate the dining area with balloons, signs and a very festive cake hat (see picture below), but also cut and served the Birthday cake to all those in attendance.

On behalf of my dad, my mom and I, we just wanted to say how much we appreciate everything the staff does for him every day, and for making such an effort to make Sam's 95th such a big deal.

Written and Contributed by Derek Hassay



Printed 305 copies. The Manor Times is produced monthly by the Recreation Department at Hastings Manor. The Manor Times is distributed to residents; spare copies are available at the reception desk. Any suggestions for content may be directed to the Recreation & Volunteer Services Supervisor at 613-968-6467 ext. 2244

Lions Club Bingo Winners

- Marilyn \$20
- Marion \$10
- Kim \$10
- Steven \$10
- Cecelia \$10
- Joel \$10

Congratulations to all Winners!



Trivia Answers from page 1: Snakes, The Sun, Chicago, The Emerald Isle, Blue, Shamrock, Leprechauns, Lent, The London Eye, Shoemaker

Word Ladder Answers from page 6: Trap, Tram, Team, Teak, Peak, Peck, Puck, Luck