

# March 2025

## 2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30am Fun & Fitness 10:30am Emotional One to One - Low 2:00pm Dementiability-Montessori 3:00pm Intellectual Group 6:30pm Spring Colouring/Painting
<b>2</b> 9:30am Spiritual Time 10:30am Hand Massage 2:00pm Church Service - Hastings Park Bible - MPR 2:00pm Wheelchair Strolls 3:30pm Target Toss 6:30pm Movie & Popcorn Night	<b>3</b> 9:30am Duck or Puff game 10:00am Resident's Council Meeting 10:30am Portable Nustepper 1:30pm Pet Therapy 2nd 3:00pm Puzzles 6:30pm Arm Chair Travel to South Korea	<b>4</b> 9:30am Fun & Fitness 10:30am Dementiability-Job Task 2:00pm Resident's Council Floor Meeting-2nd 3:30pm Manicures & Hand Massages 6:30pm The Origin of Superstitions	<b>5</b> 9:30am Group Exercises 10:00am Catholic Mass - MPR 2:00pm Trenton Glee Club-MPR	<b>6</b> 9:30am Fun & Fitness 11:15am Calendar Planning-MPR 2:00pm Baking 3:30pm Social One to One 6:45pm Toast & Tea	<b>7</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Music with Colleen MacAlister-MPR 3:15pm Word Searches 6:30pm Movie Night	<b>8</b> 9:30am News & Views 10:00am Women's Book Club 2:00pm Under 60 Club-Games Room 2:00pm Women's Tea Social 3:30pm Balloon Ball 6:30pm Women Who Changed the World Quiz
<b>9</b> 9:30am Spiritual Time 10:00am St. Patricks Day bunting 2:00pm Church Service - Salvation Army - MPR 3:00pm Wheelchair strolls 6:30pm Lawrence Welk Show	<b>10</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Loonie Bingo-MPR 2:30pm Indoor Gardening 3:30pm Lets Chat Social 6:30pm Arts & Crafts	<b>11</b> 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm Dementiability-Montessori	<b>12</b> 9:30am Walmart Outing 9:30am Group Exercises 10:30am Portable Nustepper 1:00pm Quinte Mall Outing 2:00pm Birthday Social 3:30pm Friendly Visits 6:30pm Envelope Game	<b>13</b> 9:30am Fun & Fitness 10:00am Believer's Communion - MPR 10:30am Social One to One 2:00pm Vicki Spurrell-MPR 6:45pm Toast & Tea	<b>14</b> 9:30am Group Exercises 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Harvey and Friends-MPR 3:30pm Friendly Visits 6:30pm St. Patrick's Day Dice Game	<b>15</b> 9:30am Balloon Toss 10:30am Dementiability-Job Task 1:45pm Afternoon Movie-MPR 3:00pm Word Games 6:30pm Intellectual Documentary Show
<b>16</b> 9:30am Spiritual Time 2:00pm Wheelchair Strolls 2:00pm Church Service - Eastminster Church - MPR 3:30pm Ring Toss 6:30pm Lawrence Welk Show	<b>17</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm St. Patrick's Day Social-MPR 3:00pm Trivia 6:30pm Emotional One to One	<b>18</b> 9:30am Fun & Fitness 10:30am Emotional One to One - Low 2:00pm Cliff Andrews-2nd 3:30pm Balloon Games 6:30pm Legends of the Sea Trivia	<b>19</b> 9:30am Group Exercises 10:30am Portable Nustepper 1:30pm Ceramics-MPR 2:00pm Aromatherapy and Nail Care 7:00pm Lions Club Bingo - MPR	<b>20</b> 9:30am Fun & Fitness 10:30am Table Dementiability-Job Task 2:00pm-New Resident Welcome-MPR 3:30pm Friendly Visits 6:45pm Toast & Tea Book Exchange	<b>21</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Table Dementiability-Job Task 2:00pm Percussion Therapy-MPR 3:15pm Hand Massages 6:30pm This Day in History: March	<b>22</b> 9:00am World Water Day Documentary 10:00am Fitness & Water Trivia 2:00pm Cards and Games-MPR 2:00pm Horse Race 3:30pm Minute to Win It Game 6:30pm Ice Cream Sundae Social
<b>23</b> 9:30am Spiritual Time 10:00am Can you guess, the weather Events? 2:00pm Church Service-Pentecostals Church-MPR 3:00pm Wheelchairs Strolls 6:30pm Lawrence Welk Show	<b>24</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Baking 3:00pm Family Council Meeting-MPR 3:30pm Friendly Visits 6:30pm Word Game	<b>25</b> 9:30am Fun & Fitness 10:30am Emotional One to One - Low 2:00pm Pet Therapy 2nd 7:30pm Dayspring Youth Choir-MPR	<b>26</b> 9:30am Group Exercises 10:30am Portable Nustepper 1:45pm-Rec Department Meeting 3:30pm Virtual Winter Parade 6:30pm Clothes Pin Game	<b>27</b> 9:30am Fun & Fitness 2:00pm United Communion -MPR 6:45pm Toast & Tea 7:00pm Pub Night-Cafe	<b>28</b> 9:30am Group Exercises 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Prize Bingo-MPR 3:30pm Nails & Manicures 6:30pm Social Time by the fireplace	<b>29</b> 9:30am Physical Game 10:30am Dementiability-Job Task 2:00pm Classic Movie 3:00pm Intellectual Group 6:30pm Reminiscing :Spring Season
<b>30</b> 9:30am Spiritual Time 10:30am Social One to One 2:00pm Church Service-Maranatha Church-MPR 2:00pm Wheelchair Strolls 3:30pm Sunday Sing Along 6:30pm Lawrence Welk Show	<b>31</b> 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Auction-MPR 3:00pm Emotional Group Activity 6:30pm Ice Cream by the Fireplace					

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information