January 2025



4th Floor Maple & Birch

Sunday	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday
				1	2	3	4
				10:00am Catholic Mass - MPR 2:00pm New Year's Party	10:00am Exercise & Trivia 2:00pm Music with Colleen MacAllister-MPR	10:00am Magazine Scavenger Hunt 2:00pm Creative Arts	10:00am Exercises & Trivia 2:00pm Dice Game
5		6	7	8	9	10	11
10:00am Word Games 2:00pm Church Service - Hastings Park Bible - MPR	10:00am Exercises & Trivia 10:00am Resident's Council Meeting 2:00pm News & Views	10:00am Horse Races 2:00pm Bingo		10:00am Exercises & Trivia 2:00pm Vicki Spurell-MPR	10:00am Left, Right, Center 2:00pm Birthday Party	10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Music with Cliff Andrews-MPR	10:00am Exercises & Trivia 2:00pm Hard Rock Hangout
12	1	3	14	15	16	17	18
10:00am Word Games 2:00pm Church Service - Salvation Army - MPR	10:00am Exercises & Trivia 2:00pm Bowling	10:00am Art Therapy 2:00pm Pet Therapy 4th	•	2:00pm Music with Keith & Victoria- MPR	9:30am Giant Tiger Outing 10:00am Name That Tune 1:30pm Walmart Outing 2:00pm Short Stories	10:00am Manicures 2:00pm Veterans Group- MPR 2:00pm Mini Golf	10:00am Exercises & Trivia 2:00pm Napanee & District Pipe Band- MPR
19	2	20	21	22	23	24	25
10:00am Word Games 2:00pm Church Service - Eastminster Church - MPR	10:00am Exercises & Trivia 1:30pm Pet Therapy 4th 2:00pm Sunrisers Perform-MPR	10:00am Reminiscing 2:00pm Resident's Council Floor Meeting-4th			10:00am Bingo 2:00pm United Communion -MPR Book Exchange	10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Shuffleboard	10:00am Exercises & Trivia 2:00pm-Cloggers-MPR
26	2	27	28	29	30	31	
10:00am Word Games 2:00pm Church Service Maranatha Church - MPR	10:00am Exercises & Trivia 2:00pm Science For Seniors	10:00am Creative Arts 2:00pm Tea Party		10:00am Exercises & Trivia 2:00pm Music with Jay Middleton - MPR	10:00am Bingo 2:00pm Music with T&R-MPR	10:00am Manicures 2:00pm Linda King & The Warrens- MPR	

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information