

February 2025

2nd Floor Spruce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Circle Soccer 10:30am Clothes Pin Trivia 2:00pm Card Bingo 2:30pm Nu-Stepper 3:30pm Saturday Sing Along 6:30pm Evening Stretches
2	3	4	5	6	7	8
9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service - Hastings Park Bible - MPR 2:00pm Montessori & Music 3:30pm There, Their or They're 6:30pm Hot Choc. & Remember When by the Fireplace	9:30am Music and Movement 10:00am Resident's Council Meeting 10:15am Finish the Proverb 11:00am Manicures with Mani 1:30pm Pet Therapy 2nd 2:00pm Prize Bingo-MPR 3:30pm Balloon/Ball Toss 6:30pm Friendly Visits	9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Resident's Council Floor Meeting-2nd 2:00pm Friendly Villa Visits	9:30am Balloon Baseball & Basketball 10:00am Catholic Mass - MPR 10:00am Wednesday Word Game 11:00am Montessori with Mani 2:00pm Harvey and Friends-MPR 3:30pm Winter Coloring 6:30pm Classic Movie	9:30am Nu-Stepper 11:00am Brain Busters 2:00pm Cupid Races 7:00pm Toast and Tea	9:30am Chuck the Chicken 11:00am Winter Reminiscing 2:00pm Axe Throwing 3:30pm Valentines Craft 6:30pm Group Card Game	9:00am Table Montessori 9:30am Saturday Spa 1:45pm-Afternoon Movie-MPR 2:30pm Nu-Stepper 6:30pm Reminiscing
9	10	11	12	13	14	15
9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service - Salvation Army - MPR 2:00pm Montessori & Music 3:30pm Manicures & Hand Massages 6:30pm Super Bowl LIX Party	9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Joint Resident and Family Council Social-MPR 2:00pm Bowling 3:15pm Give Me Five Game 6:30pm Short Stories	9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Valentine Bingo 3:30pm Ring Toss 6:30pm Great Inventors Documentary	9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game: Name The Love Song 11:00am Montessori with Mani 2:00pm Music with Jackie Findlay-MPR	9:30am Nu-Stepper 10:00am Believer's Communion - MPR 11:00am Brain Busters 3:30pm Valentine Trivia & Reminiscing 6:30pm Classic Movie 7:00pm Toast and Tea 2:00pm Valentine's Day Couples Social-MPR	9:30am Music & Movement 10:00am Holy Communion & Rosary Prayer-MPR 10:00am Montessori: Helping Hands 2:00pm Valentine Social 3:30pm Trivia: Romantic Couples 6:30pm Valentine Poems & Short Stories	9:30am Circle Soccer 10:30am Sing the Next Line 2:00pm Loonie Bingo-MPR 2:30pm Nu-Stepper 3:30pm Saturday Sing Along 6:30pm Stories by the Fireside
16	17	18	19	20	21	22
9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Montessori & Music 2:00pm Church Service - Eastminster Church - MPR 3:30pm Conversation Catch 6:30pm Word Rhyme	9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Birthday Tea 3:30pm Acts of Kindness Group 6:30pm Fill Your Cup Game	9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Chair Hockey	9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game 11:00am Montessori with Mani 2:00pm Sunrisers Perform-MPR 3:30pm Hand Massages 6:30pm Classic Movie 7:00pm Lions Club Bingo - MPR	9:30am Giant Tiger Outing 9:30am Nu-Stepper 11:00am Brain Busters 1:00pm Quinte Mall Outing 2:00pm Bean Bag Twister Toss Book Exchange 7:00pm Toast and Tea	9:30am Music & Movement 10:30am Cat Trivia 2:00pm Cat Therapy-MPR 3:30pm Friendly Visits 6:30pm Math Puzzles	9:00am Table Montessori 9:30am Alphabet Challenge Game 10:30am Therapeutic Touch & Music 2:00pm Afternoon Baking 2:30pm Nu-Stepper 6:30pm It Happened in February Trivia
23	24	25	26	27	28	
9:30am Sunday Stretches & Scriptures 10:45am Virtual Hymn Sing 1:00pm Lawrence Welk (channel 5 cable) 2:00pm Church Service Maranatha Church - MPR 2:00pm Montessori & Music 3:30pm Bowling 6:30pm Spa Night Social	9:30am Music and Movement 10:15am Finish the Proverb 11:00am Manicures with Mani 2:00pm Let's Chat Mens Group 2:00pm Let's Chat Women's Group 3:15pm Pigs Might Fly Quiz 6:30pm Evening Armchair Travel	9:30am Nu-Stepper 10:45am Helping Hands 11:00am Fun and Fitness with Mani 2:00pm Pet Therapy 2nd 2:00pm Shuffleboard 3:30pm Balloon Baseball 6:30pm Dementiability-Montessori	9:30am Balloon Baseball & Basketball 10:00am Wednesday Word Game 10:45am Rec Department Meeting 11:00am Montessori with Mani 2:00pm Music with Darlene Brooks-MPR	9:30am Nu-Stepper 11:00am Brain Busters 2:00pm United Communion -MPR 2:00pm Scattogories 3:30pm Horse Shoe Toss 6:30pm Pub Night Social 7:00pm Toast and Tea	9:30am Music & Movement 10:00am Holy Communion & Rosary Prayer-MPR 10:00am Montessori: Helping Hands 2:00pm Friday Frosties 3:30pm Sounds a Bit Fishy: True or False	

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information