

February 2025

2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Group Exercises 10:30am Decorating the Villa: Valentines 2:00pm Afternoon Movie 3:00pm Emotional One to One 6:30pm Story Reading
2	3	4	5	6	7	8
9:30am Spiritual Time 10:30am Emotional One to One - Low 2:00pm Church Service - Hastings Park Bible - MPR 3:30pm Ring/Ball Toss 6:30pm Group Card Game	9:30am Portable Nustepper 10:00am Resident's Council Meeting 1:30pm Pet Therapy 2nd 2:00pm Prize Bingo-MPR 3:00pm Reading Group 6:30pm Intellectual Group	9:30am Fun & Fitness 10:00am Hand Massage 2:00pm Resident's Council Floor Meeting-2nd 3:30pm Valentines Day Craft 6:30pm Bounce and Score Game	9:30am Group Exercises 10:00am Catholic Mass - MPR 2:00pm Harvey and Friends-MPR	9:30am Fun & Fitness 10:00am Dementiability-Job Task 2:00pm Indoor Gardening 3:30pm Valentines Coloring 6:45pm Toast & Tea	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Bingo 3:30pm Pigs That Fly Quiz 6:30pm Friendly Visits	9:00am Table Montessori 10:00am Guess the Instrument you hear 1:45pm-Afternoon Movie-MPR 3:30pm Balloon Games 6:30pm Pub Night Social
9	10	11	12	13	14	15
9:30am Spiritual Time 10:30am Manicures and Hand massages 2:00pm Church Service - Salvation Army - MPR 2:30pm Wheelchair Stroll 3:15pm Jokes & Riddles 6:30pm Lawrence Welk Show	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Joint Resident and Family Council Social-MPR 2:00pm Arts & Crafts 3:30pm Friendly Visits 6:30pm Classic Movie	9:30am Fun & Fitness 10:30am Emotional One to One - Low 2:00pm Table Dementiability-Job Task	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Music with Jackie Findlay-MPR 3:30pm Friendly Visits 6:30pm Valentine Bingo	9:30am Fun & Fitness 10:00am Believer's Communion - MPR 6:45pm Toast & Tea 2:00pm Valentine's Day Couples Social-MPR	9:30am Group Exercises 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Valentines Day Social 3:30pm Valentine Trivia & Reminiscing 6:30pm Valentines Day Movie	9:30am Brain & Fitness 10:30am Social One to One 2:00pm Loonie Bingo-MPR 3:30pm Short Story Reading by the Fire Place 6:30pm Healing Yoga
16	17	18	19	20	21	22
9:30am Spiritual Time 10:30am Emotional One to One - Low 2:00pm Church Service - Eastminster Church - MPR 3:30pm Word Games 6:30pm Lawrence Welk Show	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Storytime & Quiz 3:30pm Social One to One 6:30pm Travelogue to Bali	9:30am Fun & Fitness 10:30am Social One to One 2:00pm Beer & Tattoos Afternoon 3:30pm Nails & Manicures 6:30pm Pictionary by the fireplace	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Sunrisers Perform-MPR 7:00pm Lions Club Bingo - MPR	9:30am Giant Tiger Outing 1:00pm Quinte Mall Outing 2:00pm Mini Golf 3:30pm Friendly Visits Book Exchange 6:30pm Alphabet Trivia 6:45pm Toast & Tea	10:30am Portable Nustepper 2:00pm Cat Therapy-MPR 3:30pm Give Me Five Game 6:30pm Reminiscing	9:30am News & views 10:00am Washer Toss 2:00pm Crafts 3:30pm Minute To Win It Game 6:30pm Scripture Reading & Reflection
23	24	25	26	27	28	
9:30am Spiritual Time 10:00am Name any 10 2:00pm Church Service Maranatha Church - MPR 2:30pm Wheelchair Stroll 3:15pm It Happened in February Quiz 6:30pm Lawrence Welk Show	9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Tim Horton 3:30pm Manicures & Hand Massages 6:30pm Stories by the Fireside	9:30am Fun & Fitness 10:30am Emotional One to One - Low 2:00pm Pet Therapy 2nd	9:30am Group Exercises 10:45am Rec Department Meeting 2:00pm Music with Darlene Brooks-MPR 3:30pm Fill Your Cup Game 6:30pm Evening Social & Snacks	9:30am Fun & Fitness 2:00pm United Communion -MPR 2:00pm Birthday Social 6:45pm Toast & Tea	9:30am Group Exercises 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Mini Golf 3:30pm Flower Painting 6:30pm Hockey Night: Leafs vs. Rangers	

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information