

December 2024

2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Spiritual Time 10:00am Fun & Fitness 2:00pm Church Service - Hastings Park Bible - MPR 2:35pm Wheelchair Stroll 3:30pm Christmas Sing A Long 6:30pm Lawrence Welk Show	2 9:30am Group Exercises 10:00am Resident's Council Meeting 10:30am Portable Nustepper 1:30pm Pet Therapy 2nd 3:30pm Short Stories 6:30pm Hand Massage & Movie	3 9:30am Fun & Fitness 10:30am Dementiability-Job Task 11:30am Centennial S. School Visit 2:00pm Christmas Decorations	4 9:30am Group Exercises 10:00am Catholic Mass - MPR 10:30am Portable Nustepper 2:00pm Vicki Spurrell - MPR 3:45pm Games Room 6:30pm Reading Group	5 9:30am Fun & Fitness 10:00am Harmony Public School Visit 2:00pm Reading Group 6:45pm Toast & Tea	6 9:30am Ball Therapy 10:30am Portable Nustepper 2:00pm County Crows-MPR 3:45pm Friendly Visits 6:45pm Group Wordsearch Puzzle	7 9:30am Ball Therapy 10:30am Villa Christmas Decoration 2:00pm Happy Harmony Christmas Concert Combo -MPR 3:00pm Sparkled Snowflakes 6:30pm Mindful Meditation
8 9:30am Spiritual Time 10:30am Social One to One 2:00pm Church Service - Salvation Army - MPR 2:35pm Wheelchair Stroll 3:30pm Dementiability-Job Task 6:30pm Lawrence Welk Show	9 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Music with Cliff-2nd 3:00pm Flip Cards- First One Out 6:30pm Yoga In The Rain (Sounds)	10 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm Colouring Poinsettias 3:45pm Christmas Craft 6:30pm Ice Cream Sundaes & Chats	11 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Music with Darlene Brooks-MPR	12 9:30am Fun & Fitness 10:00am Believer's Communion - MPR 1:00pm Walmart Outing 2:00pm Mini Golf 3:30pm Word Game 6:00pm Lights Tour 6:45pm Toast & Tea	13 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Harvey and Friends-MPR 3:30pm True or False Christmas Traditions 6:30pm Short Story: How The Grinch Stole Christmas	14 9:30am News & Views 10:00am Balloon Toss 2:00pm Christmas Carols 3:30pm Reindeer Games 6:30pm Leafs vs. Red Wings
15 9:30am Spiritual Time 10:30am Balloon Toss 2:00pm Church Service - Eastminster Church - MPR 2:35pm Wheelchair Stroll 3:30pm Christmas Memories 6:30pm Lawrence Welk Show	16 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Bingo 3:30pm Christmas Story Reading 6:30pm Christmas Sing Along	17 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm Arts & Crafts	18 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Christmas Party 3:45pm Christmas Songs 7:00pm Lions Club Bingo - MPR	19 Book Exchange 9:30am Fun & Fitness 10:00am Group Reading 10:30am Rec Department Meeting 2:00pm Music with Jackie Findlay-MPR 6:45pm Toast & Tea	20 9:30am Group Exercises 10:00am United Communion-MPR 10:30am Portable Nustepper 1:00pm Quinte Mall Outing 2:00pm Christmas Sing a Long 3:45pm Christmas Stocking Guessing Game 6:00pm Lights Tour	21 9:30am Bean Bag Toss 10:00am Hand Massage 1:45pm Christmas Movie 3:00pm Christmas Poems & Reminiscing 6:30pm Bedtime Range of Meditation
22 9:30am Spiritual Time 10:30am Social One to One 2:00pm Church Service Maranatha Church - MPR 2:35pm Wheelchair Stroll 3:30pm Christmas Word Search 6:30pm Lawrence Welk Show	23 9:30am Group Exercises 10:00am Resident's Council Floor Meeting-2nd 10:30am Portable Nustepper 2:00pm Art of Music Performance 3:00pm Magnetic Building Blocks 6:30pm Nervous System Reset	24 9:30am Fun & Fitness 10:30am Friendly Visit 2:00pm Pet Therapy 2nd 2:30pm Virtual Christmas Light Tour 6:30pm Christmas Treats & Trivia	25 10:00am Opening Christmas Presents around the Christmas Tree 2:00pm Carols with Carolyn 	26 9:30am Fun & Fitness 10:30am Dementiability-Job Task 2:00pm Aromatherapy and Hand Massage 3:45pm Friendly Visits 6:45pm Toast & Tea	27 10:00am Holy Communion & Rosary Prayer-MPR 2:00pm Arts & Crafts: New Year's 2025 3:00pm Christmas Jokes & Riddles 6:30pm Short Stories	28 9:30am Dementiability-Job Task 10:00am Yoga & Trivia 2:00pm Euchure (played on 3rd) 2:00pm Manicures 3:45pm Balloon Baseball 6:30pm Dice Games & Snacks
29 9:30am Spiritual Time 10:30am Group Exercises 2:00pm Pentacostal Church Service - MPR 2:35pm Wheelchair Stroll 3:00pm Hand Massages 6:30pm Lawrence Welk Show	30 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Sing a Long 3:30pm Chicken Soup Story Reading 6:30pm Board/ Card Games	31 9:30am Fun & Fitness 10:30am Social One to One 1:15pm Belleville Senators Hockey Game 2:00pm New Year's Eve Pub				

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualized activity. Please call extension 2244 for further information