









October 2024

2nd Floor Spruce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 1:15pm Tree Welcoming Ceremony (outside) 2:00pm International Day of the Older Person-Poems and Short Stories 2:00pm Resident's Council Meeting	2 9:30am Fun & Fitness 10:00am Catholic Mass - MPR 10:00am Wednesday Word Game Fall Gardening & Visits 3:00pm Twister Trivia 6:30pm Conversation Cards	3 9:30am Fall Leaf Tour-2nd 9:30am Fun and Fitness-On Beech Villa 10:00am Brain Busters 1:00pm Giant Tiger Outing 2:00pm Thankful Tree	4 WORLD SMILE DAY AM: Basketball 10:30am What Makes You Smile? 2:00pm Andy Forgie-2nd 3:30pm Dementiability Activity 6:30pm Evening Tea and Talk 	5 9:30am Saturday Seated Yoga 10:00am Morning Coffee and Chat 2:00pm Group Crosswords 3:00pm Give Me Five Game 6:30pm Halloween Carols
6 9:30am Sunday Morning Hair Do's 9:30am Hymn Sing 1:00pm Lawrence Welk 2:00pm Church Service - Hastings Park Bible - MPR 3:30pm Sunday Stretches 6:30pm Flower Arranging 	7 10:00am Manicure Monday 1:30 Rain Date for Tree Welcoming Ceremony (outside) 2:00pm Cards 3:00pm Halloween Quiz 6:30pm Remincising	8 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Turkey Bowling 3:30pm Halloween Word Games 6:30pm Pub Night 	9 9:30am Fun & Fitness 10:00am Wednesday Word Game	10 9:30am Fun and Fitness 10:00am Believer's Communion - MPR 10:00am Brain Busters 2:00pm Garden Club Appreciation Tea 3:30pm Image quiz 6:30pm yoga & meditation	11 9:30am Friday Friendly Visits 10:00am Holy Communion & Rosary Prayer - MPR 2:00pm Thanksgiving Wheel of Fortune 3:00pm Pin the Tail- Turkey Craft 6:30pm Story Time Memory Challenge	12 10:00am Lets Bake Brownies 2:00pm What are we thankful for? 3:30pm Pump up the Pumpkins 6:30pm Thanksgiving Hallmark Movie night 
13 9:15am Villa Church Service & Scripture Reading 1:00pm Lawrence Welk 2:00pm Church Service - Salvation Army - MPR 2:00pm Friendly Visits 3:00pm Grateful Groovin w Mel 6:30pm Movie & Mingle 	14 Thanksgiving Day 9:30am Turkey Talk 1:30pm Pet Therapy 2nd 2:00pm Thanksgiving Word Game 3:30pm Sit and Stretch 6:30pm Turkey Toss 	15 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Cider and Stories	16 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Vicki Spurrell - MPR 3:30pm Friendly visits 7:00pm Lions Club Bingo - MPR	17 Book Exchange 9:30am Fall Leaf Tour 9:30am Fun and Fitness 10:00am Brain Busters 1:00pm Quinte Mall Outing 2:00pm Horseraces 	18 10:00am A Day at the Spa 1:30pm Music Therapy 1:45pm Rec Department Meeting 3:30pm Dementiability Activities 6:30pm Happy Hour and Snacks	19 9:30am Saturday Seated Yoga 10:00am Morning Coffee and Chat 2:00pm Spooky Bingo 3:15pm Garden Walks 6:30pm Proverbs
20 9:30am Sunday Morning Hair Do's 9:30am Hymn Sing 1:00pm Lawrence Welk 2:00pm Church Service - Eastminster Church - MPR 3:30pm Sunday Stretches 6:30pm Sorting 	21 10:00am Season Changes Discussion Group 2:00pm Table Volleyball 3:00pm This Day in History: October 6:30pm Short Stories	22 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Kitchen Creations-Baking 2:00pm Pet Therapy 2nd 3:30pm Fill Your Cup Game 6:30pm Finish the Lyrics	23 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Harvey and Friends-MPR	24 9:30am Fun and Fitness 10:00am Brain Busters 2:00pm United Communion -MPR 2:00pm Chair Hockey 3:30pm What's in The Bag 6:30pm Opposites Word Game	25 9:30am Friday Friendly Visits 10:00am Holy Communion & Rosary Prayer - MPR 2:00pm Music with Colleen MacAllister 3:00pm Potluck Trivia 6:30pm Yoga For The Mind 	26 10:00am Halloween Crafts 10:30am Spooky Short Stories 2:00pm Monster Smash 3:30pm Bean Bag Toss 7:00pm Leafs vs Bruins Game
27 GRANDPARENTS DAY 9:15am Spiritual Service Program 10:30am Remembering The Closeline 1:00pm Lawrence Welk 2:00pm Church Service Maranatha Church - MPR 3:00pm Minute To Win It- Apple Stacking 6:30pm Travel Songs Sing Along 	28 9:30am Monday Morning Manicures and Nail Care 2:00pm Pumpkin Carving/Decorating 3:30pm History of Halloween 6:30pm Memory Lane	29 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Resident's Floor Meeting 2nd	30 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Trenton Glee Club - MPR 3:30pm Things Your Mother Told You 6:30pm Armchair Travel	31 10:00am "Trick or Treating" - Main Floor Offices 2:00pm Halloween Social-Spruce/Beech 		

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualised activity. Please call extension 2244 for further information