

Cheddar Community Calendar

October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:15am Tone and Trivia(AR) 10:00am Breakfast Club 1:00pm Wellness Center Activities 2:00pm Bus Outing-Color Leaf Tour 2:00pm Resident Program Planning Meeting 3:00pm Hallwalks /Garden Strolls 4:00pm Tender Touch	9:15am Fun and Fitness(AR) 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Halloween Decorating 3:00pm One To One Visit 4:00pm Puzzles 7:00pm Kick Ball	9:15am Garden Strolls 10:00am Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 3:00pm Hallwalks /Garden Strolls	9:15am Exercise group 10:00am Breakfast Club 12:30pm Outing to Pumpkin Patch 1:00pm Wellness Centre Activities 3:00pm Chores	2:00pm Bus Outing - Algonquin Park and Lunch Outing
6	7	8	9	10	11	12
10:00am Breakfast Club 2:00pm Mt. Zion Pentecostal Church Service(AR) 3:00pm Afternoon Tea(AR)	9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center Activities 2:00pm Gerry Phillips Band to Entertain(AR) 3:00pm Adult Coloring 4:00pm Tender Touch 7:00pm Fun with Food	9:15am Tone and Trivia(AR) 10:00am Bus Outing-Algonquin Park and Lunch Outing 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 1:30pm Line Dancing(AR) 3:00pm Hallwalks /Garden Strolls 4:00pm Reading/Reminiscing/Poetry Group	9:15am Fun and Fitness(AR) 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Birthday Party(AR) 3:00pm One To One Visit 4:00pm Hallwalks /Garden Strolls 7:00pm Bowling/Tabletop Bowling	9:15am Garden Strolls 10:00am Breakfast Club 10:30am Catholic Mass 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 3:00pm Spelling Bee 4:00pm Hallwalks /Garden Strolls	9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Bingo(AR) 2:00pm Bus Outing - Fall Leaves Color Tour 3:00pm Chores	10:00am Breakfast Club 10:30am Hymn Sing With Vivian(AR) 2:00pm Fun with Food-Baking Pumpkin Pie(AR)
13	14	15	16	17	18	19
10:00am Breakfast Club 2:00pm Bancroft Bible Chapel(AR) 3:00pm Afternoon Tea(AR)	9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center Activities 2:00pm Thanksgiving Tea (AR) 3:00pm Adult Coloring 7:00pm Tennis with pool noodle	9:15am Tone and Trivia(AR) 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 2:00pm The WooHoo Band to Entertain(AR) 3:00pm Hallwalks /Garden Strolls 4:00pm Montessori	9:15am Fun and Fitness(AR) 10:00am Breakfast Club 1:00pm Wellness Centre Activities 3:00pm One To One Visit 4:00pm Paul Richard to Entertain(AR) 4:00pm Spelling Bee 7:00pm Arts and Crafts	9:15am Garden Strolls 10:00am Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 3:00pm Reading/Reminiscing/Poetry Group	9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Bingo(AR) 3:00pm Chores 7:00pm Movie night-Marley and Me(AR)	10:00am Breakfast Club 2:00pm Whiteboard Games(AR)
20	21	22	23	24	25	26
10:00am Breakfast Club 2:00pm Bancroft Pentecostal Church(AR) 3:00pm Afternoon Tea(AR)	9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center Activities 2:00pm Welcome Tea(AR) 3:00pm Adult Coloring 4:00pm Hallwalks /Garden Strolls 7:00pm Basketball Darts	9:15am Tone and Trivia(AR) 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 2:00pm Walking the Line Band(AR) 3:00pm Hallwalks /Garden Strolls 4:00pm Tender Touch	9:15am Fun and Fitness(AR) 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Bazaar Arts and Crafts(AR) 3:00pm One To One Visit 4:00pm Hallwalks /Garden Strolls 7:00pm Kick Ball	9:15am Garden Strolls 10:00am Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 3:00pm Spelling Bee	9:15am Exercise group 10:00am Breakfast Club 10:30am Bus Outing-Lunch at Wilno Tavern 1:00pm Wellness Centre Activities 3:00pm Chores 7:00pm Pub, Pizza and Games Night(AR)	
27	28	29	30	31		
10:00am Breakfast Club 2:00pm L'Amable Bible Chapel Church(AR) 3:00pm Afternoon Tea(AR)	9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center Activities 2:00pm Pumpkin Carving(AR) 3:00pm Adult Coloring 4:00pm Tender Touch 7:00pm Music and Movement	9:15am Tone and Trivia(AR) 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 2:00pm Montessori-Reading Roundtable-Halloween Stories 3:00pm Hallwalks /Garden Strolls 4:00pm Reading/Reminiscing/Poetry Group	9:15am Fun and Fitness(AR) 10:00am Breakfast Club 1:00pm Wellness Centre Activities 2:00pm Happy Hour and Karaoke (AR) 3:00pm One To One Visit 4:00pm Montessori 7:00pm Movie Matinee/Sitcom Flashback	9:15am Garden Strolls 10:00am Breakfast Club 1:00pm Wellness Centre Activities 1:30pm Bible Study(AR) 2:00pm Travelling Ice Cream 6:30pm Greeting Trick or Treaters(AR)	<p>Happy Thanksgiving</p>	Calendars subject to change. Please check white boards daily. <div style="text-align: center;"> </div>