

October 2024

2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Group Exercises 10:30am Portable Nustepper 1:15pm Tree Welcoming Ceremony (outside) 2:00pm Fall Arts & Crafts 2:00pm Resident's Council Meeting 3:30pm Short Stories 6:00pm Mini golf	2 9:30am Balloon Toss 10:00am Catholic Mass - MPR 2:00pm Bingo	3 9:30am Fall Leaf Tour-2nd 1:00pm Giant Tiger Outing 2:00pm Arts & Crafts 3:30pm Fall short stories 6:45pm Toast & Tea	4 9:30am Balloon Toss 10:30am Portable Nustepper 2:00pm Andy Forgie-2nd 3:00pm Fall Word Search 6:30pm Halloween Carols	5 9:30am Friendly Visits 10:00am Fun & Fitness 2:00pm Euchre to be played on 3rd floor 2:00pm Halloween Craft 3:30pm Cards Game 6:45pm Movie Night and Snacks
6 9:30am Spiritual Time 10:30am Wheelchair Stroll 2:00pm Church Service - Hastings Park Bible - MPR 3:00pm Halloween Quiz 6:30pm Lawrence Welk Show 	7 9:30am Group Exercises 10:30am Portable Nustepper 1:30 Rain Date for Tree Welcoming Ceremony (outside) 2:00pm Aromatherapy and Hand massage 3:30pm Thanksgiving Coloring 6:30pm Lets go Turkey Hunting	8 9:30am Fun & Fitness 10:30am Dementiability-Job Task 2:00pm Carving Pumpkin	9 9:30am Group Exercises 10:30am Portable Nustepper 3:30pm Chicken Soup Reading 6:30pm Sports Night & Snacks	10 9:30am Fun & Fitness 10:00am Believer's Communion - MPR 2:00pm Garden Club Appreciation Tea 6:45pm Toast & Tea	11 9:30am Balloon Toss 10:00am Holy Communion & Rosary Prayer - MPR 2:00pm Birthday Social 3:30pm Story Reading 6:45pm 'I Love Lucy' Show	12 9:30am Group Exercises 10:30am Dementiability-Job Task 2:00pm Classic Movie 3:00pm Pin The Tail- Turkey Craft 6:30pm Story Time- Memory Challenge
13 9:30am Spiritual Time 10:30am Wheelchair Stroll 2:00pm Church Service - Salvation Army - MPR 3:30pm Thankful Turkey Craft 6:30pm Hallmark Thanksgiving Movie Night 	14 Thanksgiving Day 9:30am Group Exercises 10:30am Portable Nustepper 1:30pm Pet Therapy 2nd 2:30pm Thanksgiving Treat Travelling Cart 3:00pm Grateful Grooving Game 6:30pm Movie & Mingle 	15 9:30am Fun & Fitness 10:30am Dementiability-Job Task 2:00pm Sing a Long 3:00pm Group Reading 6:30pm Stretch Them Bones	16 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Vicki Spurrell - MPR 7:00pm Lions Club Bingo - MPR	17 Book Exchange 9:30am Fall Leaf Tour 1:00pm Quinte Mall Outing 2:00pm Halloween Arts & Crafts 6:00pm Baking 6:45pm Toast & Tea 	18 9:30am Balloon Toss 10:30am Portable Nustepper 1:45pm Rec Department Meeting 3:00pm Autumn Poems 6:30pm Manicures	19 9:30am Fun & Fitness 10:30am Social One to One 2:00pm Baking 3:30pm Reading Thanksgiving Story 6:45pm Card/Board Games
20 9:30am Spiritual Time 10:30am Wheelchair Stroll 2:00pm Church Service - Eastminster Church - MPR 3:00pm Spooky Short Stories 6:30pm Lawrence Welk Show 	21 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Arts & Crafts 3:30pm Group Reading 6:30pm Name any 10 halloween edition	22 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm Pet Therapy 2nd	23 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Harvey and Friends-MPR 3:30pm Social One to One 6:45pm Fall Colorings	24 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm United Communion -MPR 2:00pm Halloween Cookie Decorating 6:45pm Toast & Tea	25 9:30am Balloon Toss 10:00am Holy Communion & Rosary Prayer - MPR 2:00pm Music with Colleen MacAllister 3:30pm Finish the saying 6:45pm Movie Night & Snacks 	26 9:30am Group Exercises 10:30am Hand Massage 1:45pm Afternoon Movie 3:00pm Potluck Trivia 6:30pm Yoga For The Mind
27 GRANDPARENTS DAY 9:30am Spiritual Time 10:30am Wheelchair Stroll 2:00pm Church Service Maranatha Church - MPR 3:30pm Halloween quiz 4:00pm Pump up the Pumpkin 6:30pm Trick or Treat yourself sp 	28 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Spooky Story & Treats 2:30pm Cauldron Toss 3:00pm Minute To Win It- Apple Stacking 6:30pm Travel Songs- Sing Along	29 9:30am Fun & Fitness 10:30am Hand Massage 2:00pm Fall Leaf Colorings 2:00pm Resident's Floor Meeting 2nd	30 9:30am Group Exercises 10:30am Portable Nustepper 2:00pm Trenton Glee Club - MPR 3:30pm Social One to one 6:30pm Card/ Board Games	31 9:30am Fun & Fitness 10:00am "Trick or Treating" - Main Floor Offices 2:00pm Halloween Social with Spruce 4:00pm Friendly Visits 6:45pm Toast & Tea 		

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualised activity. Please call extension 2244 for further information