

September 2024



2nd Floor Spruce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Spiritual Program Spiritual Scriptures 1:00pm Lawrence Welk 2:00pm Afternoon Game Google Workshop 6:30pm Technology Q & As 7:00pm Spiritual Program	2 Labor Day Holiday 9:30am News & Views 10:00am What is in your Garden 2:00pm Manicures 3:30pm Back to School worksheets 6:30pm Sing a Long	3 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Back To School Wishes 2:00pm Resident's Floor Meeting 2nd	4 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Bowling 3:30pm Cards and Cribbage 6:30pm September in History	5 9:30am Fun & Fitness 10:00am Brain Busters 2:00pm Musical Song Match	6 9:00am Garden Walks 2:00pm Keno 3:30pm Fall Name Tags 6:30pm Pub Night	7 9:30am Saturday Sing and Stretch 2:00pm Baking 3:00pm Bean Bag Toss 6:30pm Movie Night
8 9:30am Sunday Spa 1:00pm Lawrence Welk 2:00pm Sunday Garden Strolls 3:30pm Crokinole 6:30pm Reading Group	9 Baking Brownies 10:00am Resident's Council Meeting Manicures & Hand Massages Short Stories 6:30pm Go Fish Card Game	10 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Watercolors & Silhouettes 3:30pm Life Skills 6:30pm Name that Celebrity	11 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00 Jennifer's Retirement Party-MPR	12 9:30am Fun & Fitness 10:00am Believer's Communion - MPR 10:00am Brain Busters 1:30pm Trip to Walmart 6:30pm Proverbs	13 9:30am Name 5 Things 9:30am Friday Friendly Visits 2:00pm Fill Your Cup Game 3:00pm Rhythm & Rhymes 6:30pm Pens Pals 2024	14 National Colouring Day Reading Group 9:00am Colouring Banana Split Social in the Garden 3:30pm Name the Bird Visual Quiz 6:30pm Movie Night
15 Garden Strolls Spiritual Hour 1:00pm Lawrence Welk 2:00pm Church Service - Eastminster Church - MPR Positive Affirmations Jar Pandoras Box Game	16 9:30am Carnival Decorating 2:00pm Carnival in the Courtyard 3:30pm Sorting 6:30pm Short Stories	17 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm What's In The Bag	18 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Music with Colleen Macalister 4:00pm 1:1 Garden Walks 7:00pm Lions Club Bingo - MPR	19 Book Exchange Elections Polling Day - MPR 9:30am Fun & Fitness 10:00am Brain Busters 2:00pm Card Bingo	20 Let's Explore the Garden 10:00am Holy Communion & Rosary Prayer -MPR 2:00pm Shuffleboard 3:30pm OBIE 6:30pm Name that Tune	21 9:30am Saturday Seated Yoga 2:00pm Cold Creek Cloggers-mpr 3:30pm Friendly Visits 6:30pm It Happened in September Quiz
22 9:30am Sunday Morning Sing-A-Long 1:00pm Lawrence Welk 2:00pm Church Service Maranatha Church - MPR	23 Elvis Festival Day Morning Namaste 9:00am Elvis Trivia September Birthday Social 4:00pm Outdoor Reminiscing 6:30pm Poems For September	24 9:30am Music and Movement 10:00am Coffee & Cronicles 10:45am Helping Hands 2:00pm Pet Therapy 2nd 3:30pm 1:1 Hand Massages 7:30pm Day Spring Choir - MPR	25 9:30am Fun & Fitness 10:00am Wednesday Word Game 2:00pm Resident's Villa Representative Elections - MPR 2:00pm Horseraces	26 9:30am Fun & Fitness 10:00am Brain Busters 1:30pm Trip to Quinte Mall 2:00pm Chair Twister 3:30pm Read along with me	27 9:30am Friday Friendly Visits 2:00pm Friday Floats 3:00pm Dreams/Goals for the Year 6:30pm Meditation w Mel	28 Herb Drying 9:00am Sorting Golf in the Garden 3:30pm Yoga in the Garden 6:30pm Photographic Story Telling
29 National Coffee Day Spiritual Program Garden Pruning & Watering 1:00pm Lawrence Welk Lets Make, Bake & Eat - Vari 3:00pm Amusing Anagrams 6:30pm Hot Topic Discussions	30 Truth & Reconciliation Day 9:30am Monday Morning Music 9:30am Morning Manicures 2:00pm Fall Social In the Courtyard 3:30pm Chair Movement 6:30pm Guess how old they are now					

MPR - Multi Purpose Room

Vari - Various Locations

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualised activity. Please call extension 2244 for further information