

September 2024

4th Floor Maple & Birch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Word Games 2:00pm Church Service - video	2 Labor Day Holiday AM - Reminiscing 2:00pm Bowling	3 10:00am Exercises & Trivia 2:00pm Creative Arts	4 AM Friendly Visits & Montessori 2:00pm Back to School Social	5 10:00am - Baking 10:00am Exercises & Trivia 2:00pm Bingo	6 AM - Jokes & Riddles 2:00pm - S'Mores + Hot Cocoa 2:00pm Shuffleboard	7 10:00am Exercises & Trivia
8 10:00am Word Games 2:00pm Church Service - video	9 10:00am Left, Right, Center 10:00am Resident's Council Meeting 2:00pm Monday Manicures	10 10:00am Exercise & Trivia 11:00am Yoga 2:00pm Science for Seniors	11 10:00am Bingo 2:00 Jennifer's Retirement Party-MPR	12 10:00am Believer's Communion - MPR 10:00am Garden Club 1:30pm Trip to Walmart	13 AM Short Stories 2:00pm Baking	14 10:00am Exercises & Trivia 2:00pm Outdoor Enjoyment
15 10:00am Word Games 2:00pm Church Service - Eastminster Church - MPR	16 1:30pm Pet Therapy 4th	17 10:00am Exercises & Trivia 2:00pm Resident's Floor Meeting 4th	18 2:00pm Music with Colleen Macalister 7:00pm Lions Club Bingo - MPR	19 Book Exchange Elections Polling Day - MPR	20 10:00am Holy Communion & Rosary Prayer -MPR	21 10:00am Exercises & Trivia 2:00pm Cold Creek Cloggers-mpr
22 10:00am Word Games 2:00pm Church Service Maranatha Church - MPR	23 10:00am - Manicures + Hand Massages 2:00pm Monday Manicures 2:00pm - Autumn Walks	24 10:00am Exercises & Trivia 11:00am Yoga 2:00pm - Bowling 7:30pm Day Spring Choir - MPR	25 2:00pm Resident's Villa Representative Elections - MPR	26 10:00am Garden Club 10:30am Exercise & Trivia 1:30pm Trip to Quinte Mall	27 10:00am - Physical Game 2:00pm - Bingo	28 10:00am Exercises & Trivia
29 10:00am Word Games 2:00pm Spiritual Time	30 Truth & Reconciliation Day 10:00am - Manicures + Hand Massages 2:00pm - Autumn Collages					

MPR - Multi Purpose Room

The activity calendar is subject to change after the time of printing. When the floor(s) and/or villa(s) are in isolation according to Infection Prevention & Control protocols; daily programs will be offered as small group (up to 5 participants) and individualised activity. Please call extension 2244 for further information

