

# August 2024

## 2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 9:30am Fun & Fitness 10:30am Gardening 2:00pm Card Bingo 6:45pm Toast & Tea	<b>2</b> 9:30am Group Exercises 10:00am Dementiability Activities 2:00pm Frosty Friday Floats 3:30pm International Beer Day Worksheets  6:30pm Pub Night	<b>3</b> 10:00am Outdoor Enjoyment 11:00am Saturday Sing a Long 2:00pm Balloon Volleyball 6:30pm Healing Yoga 
<b>4</b> 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service - Hastings Park Bible - MPR 4:00pm Helping Hands 6:30pm Lawrence Welk Show 	<b>5</b> <b>CIVIC HOLIDAY</b> 9:30am Group Exercises 10:30am Stepper Machine 2:00pm Pet Therapy 2 2:30pm Reading Group 3:00pm Senior Scramble 6:30pm Scents & Sorting	<b>6</b> 9:30am Fun & Fitness 10:30am Hand Massages 2:00pm Resident's Floor Meeting 2nd 2:30pm Garden Visits 6:30pm Proverbs	<b>7</b> 9:30am Group Exercises 10:00am Catholic Mass - MPR 10:30am Stepper machine 2:00pm Horseraces 	<b>8</b> 9:30am Trip to RCAF Museum - OUT 9:30am Fun & Fitness 10:00am Believer's Communion 10:30am Finish the Song Title 1:00pm Trip to Quinte Mall - OUT 2:00pm Bowling 3:30pm Reading Group 6:00pm tea party 6:45pm Toast & Tea 	<b>9</b> 10:00am Holy Communion & Rosary Prayer -MPR 2:00pm Ontario Arts Council Arts Add Value Music Concert - Vari 3:30pm Manicures 6pm Movie Night 	<b>10</b> 10:00am Outdoor Enjoyment 2:00pm Music with Mr. Honky Tonk 3:30pm Trivia 6:30pm Keno 
<b>11</b> 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service - Salvation Army - MPR 3:30pm Bean Bag Toss - Vari 6:30pm Lawrence Welk Show 	<b>12</b> 9:30am Group Exercises 10:00am Dementiability Activities 10:00am Resident's Council Meeting 2:00pm Birthday Social 3:30pm Life Skills  6:30pm Name that Tune	<b>13</b> 9:30am Fun & Fitness 10:30am Hand Massages 2:00pm Sorting	<b>14</b> 9:30am Group Exercises 10:30am Stepper machine 2:00pm Vicki Spurrell - MPR 3:30pm Smile Time 6:30pm Read-a-long 	<b>15</b> <b>Book Exchange</b> 9:30am Fun & Fitness 10:30am What's Growing in the Garden 2:00pm Therapeutic Painting 6:45pm Toast & Tea	<b>16</b> 9:30am Group Exercises - Vari 10:00am Dementiability Activities 2:00pm Music with Bruce & Betty 3:30pm Dementiability Sorting PM Campfire Songs and S'mores 	<b>17</b> 10:00am Outdoor Enjoyment 2:00pm Wheelchair & Walker Wash Service - Vari 3:00pm Sandscapes Craft 6:30pm Stretch & Spell ROM 
<b>18</b> 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Spiritual Time 3:30pm Spelling contest- Gems vs. Gents 6:30pm Lawrence Welk Show 	<b>19</b> 9:30am Group Exercises 10:30am Stepper Machine 2:00pm Sing A Long 3:30pm Get to know your Neighbour 6:30pm Pool Noodle Fishing	<b>20</b> 9:30am Fun & Fitness 10:30am Hand Massages 1:45 Recreation Department Meeting 1:45pm Virtual Travelogue 3:30pm Math Worksheets Name that Celebrity 	<b>21</b> 9:30am Group Exercises 10:30am Stepper machine 2:00pm Music with Andy 2nd 7:00pm Lions Club Bingo - MPR 	<b>22</b> 9:30am Zwick's Park 9:30am Fun & Fitness 10:30am Thursday Morning Trivia 1:00pm Trip to Walmart - OUT 3:30pm Hand Massage & Manicures 6:00pm News & Views 6:45pm Toast & Tea	<b>23</b> 10:00am Holy Communion & Rosary Prayer -MPR PM Summer Reminiscing 6:30pm Mr. Honky Tonk 2nd Garden 	<b>24</b> 10:00am Outdoor Enjoyment PM Summer Photo Bash 3:30pm Watering Garden 6:30pm Travel Song Sing-Along 
<b>25</b> 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service Maranatha Church - MPR PM Word Search 6:30pm Lawrence Welk Show 	<b>26</b> 9:30am Group Exercises 10:00am Dementiability Activities - Vari 2:00pm The Sunrisers 3:30pm What's Growing in the Garden 6:30pm Trivia-Name that Tune 	<b>27</b> 9:30am Fun & Fitness 10:00am Hand Massages - Vari 2:00pm Pet Therapy 2nd 2:30pm Dementiability Activities	<b>28</b> 9:30am 20 Year Anniversary of the Move into the New Hastings Manor! 2:00pm 20 Year Anniversary Elvis Concert!  3:30pm Cribbage and Cards 6:30pm Chair Movement	<b>29</b> 9:30am Trip to Kingston Penitentiary - OUT 9:30am Fun & Fitness 10:30am Morning Garden Walks 2:00pm Tim Hortons  6:45pm Toast & Tea	<b>30</b> 9:30am Corn Husking 1:30pm Auto Show & DJ Music & Corn Roast 3:30pm Cowboy Jokes 6:30pm Historical Inventions - "Who Made That?" 	<b>31</b> 10:00am Outdoor Enjoyment 2:00pm Word Game 3:00pm Passport Travel- Jamaica 6:30pm Meditation with Mel

MPR - Multi Purpose Room

OUT - Outings

Vari - Various Locations

**The activity calendar is subject to change after the time of printing.**

