

July 2024

2nd Floor Spruce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AM: Circle Soccer AM: Canadian Geography Bee PM: Canada Day Strawberry Social PM: Shooting Hoops with Garima PM: Canadian Quiz and Trivia	2 AM Fun & Fitness AM: Coffee & Cronicles 2:00pm Resident's Floor Meeting 2nd PM: Friendly Visits PM: Summer Name Tags PM: Canadian Words and Expressions	3 AM Fun & Fitness AM: Wednesday Word Game 10:00am Catholic Mass - MPR PM: Gardening	4 AM Fun & Fitness AM: Helping Hands PM Mad Hatter's Tea Cup Art Therapy PM Math Sheets PM Proverbs PM: Tea & Toast	5 AM: Stretch & Stroll AM: News & Views 2:00pm Bruce & Betty -MPR PM: Short stories PM: Name any 10	6 AM: Garden Walks AM: Trivia 2:00pm Summer Beach Party! Table Volleyball PM: Fold n Fluff PM: Movie night
7 World Chocolate Day AM: Spiritual Hour AM: Spiritual Readings 1PM: Lawrence Welk 2:00pm Church Service - Hastings Park Bible - MPR PM: Fun Facts About Chocolate PM: Coffee Filter Flowers PM: Live Stream- Bird Watching	8 AM: Fun & Fitness AM: This Day In History 10:00am Resident's Council Mtg. MPR 1:30pm Pet Therapy 2nd PM: Smile Time PM: Name that Tune	9 AM Fun & Fitness AM: Coffee & Cronicles PM: Wheel Of Fortune & Watermelon	10 AM Fun & Fitness 9:30am Shopping Trip-Bayview Mall AM: Wednesday Word Game 1:00pm Shopping Trip-Quinte Mall PM: Crokinole PM: #1 Hits over the Decades	11 AM Fun & Fitness AM: Helping Hands 10:00am Believers Communion - MPR PM: Bird Feeder Craft PM: Tea & Toast	12 AM: Balloon Ball AM: Friday Funnies 10:00am Holy Communion & Rosary Prayer - MPR PM: Spruce Masters Mini Putt PM: Reading Group PM: Pub Night	13 AM: Saturday Seated Yoga AM: Silly Sayings PM: Outdoor Enjoyment PM: Finish The Story Game PM: Movie Night
14 AM: Spiritual Hour AM: Morning Melodies 1PM: Lawrence Welk 2:00pm Church Service - Salvation Army - MPR PM: 1:1 Walks PM: What's Growing in the Garden	15 AM: Helping Hands AM: Fun & Fitness AM: This Day in History 9:30am Morning Drive 2nd 1:00pm Shopping-Quinte Mall PM: Karaoke PM: Bean Bag Toss PM: Short Stories	16 AM Fun & Fitness AM: Coffee & Cronicles Brain Fit - Vari PM: Carnival in the Courtyard PM: Hand Massages PM: Name that Celebrity	17 AM Fun & Fitness AM: Wednesday Word Game 2:00pm Music with Cliff 2nd 7:00pm Lions Club Bingo - MPR	18 AM Fun & Fitness Book Exchange AM: Helping Hands 2:00pm Just Us Jazz - MPR PM: Manicures and hand massages PM: Tea & Toast	19 AM: Chair Hockey PM: Ice Cream Cones in the Courtyard PM: Finish The Line- Nursery Rhyme PM: Price is Right- Picnic Edition	20 AM: Stretch & Stroll the Garden AM: Dementiability Activities 2:00pm Euchre - playing on 3rd PM: Garden Bubbles PM: Short stories PM: Movie night
21 AM: Spiritual Hour AM: Sing-A-Long 1PM: Lawrence Welk 3:00pm PM Spelling Bee- Gems vs Gents PM: Balloon Ball 6:30pm PM Galaxy Yoga- Around the ROM	22 AM: Fun & Fitness AM: This Day in History PM: Birthday Social PM: Cribbage or Cards PM: Summer Scattegories	23 AM Fun & Fitness AM: Coffee & Cronicles PM: Recreation Dept. Staff Mtg. PM: Americas Funniest Videos	24 AM Fun & Fitness AM: Wednesday Word Game 2:00pm County Crows - MPR PM: Balloon Baseball PM: Cowboy Jokes	25 AM Fun & Fitness AM: Helping Hands PM: Candy Bar Bingo PM: Tea & Toast	26 AM: Garden Walks & Observations 10:00am Holy Communion & Rosary Prayer -MPR PM: Olympic Table Top Activities PM: Olympic Trivia PM: Campfire Songs	27 AM: Saturday Seated Yoga AM: Name 5: Beach Theme PM: Outdoor Enjoyment PM: July In History PM: Remincising
28 AM: Spiritual Hour AM: Morning Melodies 1PM: Lawrence Welk 2:00pm Church Service Maranatha Church - MPR PM: 1:1 Garden Walks PM: Tree Stories and Trivia	29 AM: Fun & Fitness AM: This Day in History 9:30am Morning Drive all villas 1:00pm Shopping-Walmart PM: Beach Boys Pool Party PM: Manicures PM: Go Fish Card Game	30 AM Fun & Fitness AM: Coffee & Cronicles 2:00pm Pet Therapy 2nd PM: Friendship Short Stories PM: Worksheets PM: Table Hockey	31 AM Fun & Fitness AM: Wednesday Word Game 2:00pm Achievement Awards Ceremony PM: Wacky Wednesday Movie			

MPR - Multi Purpose Room

Vari - Various Locations

The activity calendar is subject to change after the time of printing.