

July 2024

2nd Floor Beech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30am Brain Fit & Exercises 10:30am Stepper Machine 2:00pm Canada Day Celebration 4:00pm Dementiability Activities 6:30pm Movie Night	2 9:30am Fun & Fitness 10:30am Hand Massages 2:00pm Resident's Floor Meeting 2nd 2:30pm Garden Visits	3 10:00am Catholic Mass - MPR 2:00pm Shuffle Board 3:30pm Making Summer Name Tag 6:30pm # 1 Hits over the Decades	4 9:30am Fun & Fitness 10:00am Garden Club 2:00pm Friendly Visits 3:00pm Dementiability Activities	5 9:30am Group Exercises 10:30am Stepper Machine 2:00pm Bruce & Betty -MPR Math Sheets Pub Night	6 10:00am Outdoor Enjoyment 2:00pm Rock Painting Table Volleyball 3:00pm Meditation with Mel 6:30pm Music Appreciation & Cones
7 World Chocolate Day 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service - Hastings Park Bible - MPR 3:30pm Fold N Fluff 6:30pm Lawrence Welk Show	8 9:30am Brain Fit & Exercises 10:00am Resident's Council Mtg. MPR 10:30am Stepper Machine 1:30pm Pet Therapy 2nd 3:00pm Coffee Filter Flowers 6:30pm Live Stream- Bird Watching	9 9:30am Fun & Fitness 10:30am Dementiability Activities 2:00pm Garden Care 3:30pm Social Chats 6:30pm Proverbs	10 9:30am Shopping Trip-Bayview Mall 10:00am Preparation for BBQ Lunch 12:00pm BBQ Lunch at the Garden 1:00pm Shopping Trip-Quinte Mall 2:00pm Balloon Toss	11 9:30am Fun & Fitness 10:00am Believers Communion - MPR 2:00pm Mini Golf 3:30pm Name Any10 6:30pm Cards Game	12 10:00am Holy Communion & Rosary Prayer - MPR 2:00pm Flower Arrangements 3:00pm Go Fish Card Game 6:30pm Movie Night	13 10:00am Outdoor Enjoyment 2:00pm Summer Bash Photo Fun 3:30pm Chair Twister 6:30pm Bingo
14 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service - Salvation Army - MPR 3:00pm Manicures 6:30pm Lawrence Welk Show	15 9:30am Morning Drive 2nd 1:00pm Shopping-Quinte Mall 2:00pm Outdoor Enjoyment 3:30pm Hand Massage 6:30pm Men's Group	16 9:30am Fun & Fitness 10:30am Dementiability Activities 2:00pm Ice Cream at the Garden	17 9:30am Group Exercises 10:30am Stepper machine 2:00pm Music with Cliff 2nd 3:30pm Reading Group 7:00pm Lions Club Bingo - MPR	18 Book Exchange 9:30am Fun & Fitness 10:00am Garden Club 2:00pm Just Us Jazz - MPR 3:00pm Ice Cream Treats	19 9:30am Group Exercises 10:30am Stepper Machine 2:00pm Outdoor Enjoyment 3:30pm Ring Toss 6:30pm Sing-A-Long	20 10:00am Outdoor Enjoyment 2:00pm Euchre - playing on 3rd 2:00pm Balloon Toss 3:00pm Finish The Line- Nursery Rhyme 6:30pm Price is Right- Picnic Edition
21 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Shuffle Board 3:30pm Dementiability Activities 6:30pm Lawrence Welk Show	22 9:30am Brain Fit & Exercises 10:30am Stepper Machine 2:00pm Birthday Social 3:30pm Short Stories 6:30pm Movie Night	23 10:00am Recreation Department Meeting 2:00pm Bowling 3:30pm Life Skills 6:30pm What's growing in the Garden	24 9:30am Group Exercises 10:30am Stepper machine 2:00pm County Crows - MPR	25 9:30am Fun & Fitness 10:30am Hand Massages 2:00pm Garden Visits & Care 3:30pm Keno 6:30pm Name That Tune	26 9:30am Group Exercises 10:00am Holy Communion & Rosary Prayer -MPR 2:00pm Table Volleyball 3:30pm Bean Bag Toss 6:30pm Live Stream Olympic Games Night	27 10:00am Outdoor Enjoyment 2:00pm Horse Races 3:30pm Smile Time 6:30pm Campfire Songs
28 9:30am Spiritual Time 10:30am Wheelchair Garden Tour 2:00pm Church Service Maranatha Church - MPR 2:45pm Summer Couloring 3:45pm Word Search 6:30pm Lawrence Welk Show	29 9:30am Morning Drive all villas 9:30am Brain Fit & Exercises 10:30am Stepper Machine 1:00pm Shopping-Walmart 2:00pm Outdoor Enjoyment 3:30pm Friendly Visits 6:30pm Card Games	30 9:30am Fun & Fitness 10:30am Garden Visit 2:00pm Pet Therapy 2nd 2:30pm Dementiability Activities	31 9:30am Group Exercises 10:30am Stepper machine 2:00pm Achievement Awards Ceremony 3:30pm Hand Massages 6:30pm Name That Celebrity			

MPR - Multi Purpose Room

The activity calendar is subject to change after the time of printing.