

# JUNE 2024

HASTINGS CENTENNIAL MANOR



SUPPORTING PEOPLE  
**Hastings**<sup>TM</sup>  
AND OUR COMMUNITIES



## Reminder

This is a reminder that an adjustment in hairdressing and accommodation rates will take effect as of July 1<sup>st</sup>, 2024.



## Fun from May!

Our resident's experienced Pet Therapy and Mike McGiverin was in to entertain!



## Entertainment

On Thursday June 27<sup>th</sup> at 7:00pm Elvis will be in the building to perform!

## June Programming Highlights

-  June 4<sup>th</sup> at 11:00am – Bus Outing – Downtown Bancroft Shopping
-  June 10<sup>th</sup> at 2:00pm – The Gerry Phillips Band
-  June 12<sup>th</sup> at 2:00pm – Monthly Birthday Party
-  June 13<sup>th</sup> at 1:30pm – Bus Outing to Diamond Lake – Fishing 
-  June 14<sup>th</sup> at 12:00pm – Father's Day BBQ
-  June 18<sup>th</sup> at 2:00pm – Metis Presentation – Summer Solstice
-  June 19<sup>th</sup> at 11:00am – Bus Outing to Hillbilly Chip Truck
-  June 19<sup>th</sup> at 2:00pm – Entertainment by Paul Richard
-  June 20<sup>th</sup> at 2:00pm – Part 2 of the Metis Presentation
-  June 22<sup>nd</sup> at 11:00am – Bus Outing to Hillbilly Chip Truck
-  June 25<sup>th</sup> at 2:00pm – The County Crows

## Tips for Summer

With summer coming, here are a few helpful tips to keep you safe & heathy!

### Hydration:

- Eat food high in water content (cucumbers, watermelon, celery, and strawberries)
- Set hydration reminders
- Avoid caffeine

### Protection from the sun:

- Wear a hat
- Put on sunscreen
- Wear protective clothing
- Stay hydrated



Are you looking for a way to keep updated on upcoming events?

Check out the Family Portal on ActivityPro.

For more information contact: Nancy Mountney

[mountney@hastingscounty.com](mailto:mountney@hastingscounty.com)

## Volunteer Opportunities

Volunteer opportunities range from regular commitments or assist with special events. We would love to have you as part of our team. If you are interested in volunteering contact Nancy Mountney at 613-332-2070 x6608 or at [mountneyn@hastingscounty.com](mailto:mountneyn@hastingscounty.com).

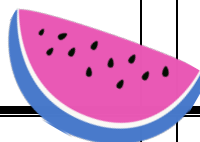


### The Auxiliary of Hastings Centennial Manor



Gift Shop is open Thursday from 10:00am-12:00pm and the Tuck Cart goes around every Tuesday morning.

*Volunteer opportunities are matched to your availability and interest.*

Contact: Jewel Wiggins @ [waywel@sympatico.ca](mailto:waywel@sympatico.ca)



### Upcoming Volunteer Opportunities

-  **Hairdresser Portering:** Tuesday, Wednesday and Thursday mornings.
-  **Church Groups**
-  **Sewing for Residents**
-  **Entertainment**
-  **Music for Me Program**
-  **And many more...!**

Email Nancy Mountney for volunteer opportunities at [mountneyn@hastingscounty.com](mailto:mountneyn@hastingscounty.com)

### Careers

We are hiring, check out [Careers - Hastings County](#)

*Are you an RN or RPN returning/entering into the workforce? You may be eligible for a \$25 000 grant through the CCPN program, ask me about it, [plunkettk@hastingscounty.com](mailto:plunkettk@hastingscounty.com).*



Family Councils Ontario

### **Family Council**

Meetings are held the last Wednesday of the month at 1pm.

*Guest Speaker – Kim Robertson to talk about Menu Planning and Menu Review*

For more information contact:

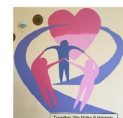
Cindy O'Brien

[O'BrienC@hastingscounty.com](mailto:O'BrienC@hastingscounty.com)

613-332-2070 x6608

### **Two easy ways to make a donation:**

**Directly:** Mail a cheque to: County of Hastings - Hastings Centennial Manor Box 758, Bancroft, ON, K0L 1C0



**Online** to HCM Auxiliary on the Canada Helps website at <https://www.canadahelps.org/en/charities/the-auxiliary-of-hastings-centennial-manor>

# What's happening at Centennial Manor?

## Strawberry Social

On Wednesday June 26<sup>th</sup> at 2:00pm we are holding a Strawberry Social in honor of June being National Strawberry Month!

Fresh strawberries will be brought in, and the Resident's will help hull the berries and prepare them for baking. Then together we will bake a strawberry cake!



## Visiting with Pets

Before bringing your furry friends into the Manor for a visit, we require current proof of their vaccinations. Please visit Lora at reception with your pet's vaccination records. Also, a friendly reminder that your pets need to be leashed at all times when visiting.

Thank you for your cooperation.

## Saying Farewell and Goodluck

We are wishing **Jody Ives**, ADON-RN, ICC, ESS our love and gratitude as she embarks on her new journey within Quinte Health Care. We are sending her off with a smile and a heartfelt goodbye. She will be greatly missed by our Team Members as well as our Residents. Good Luck Jody!!

Happy  
FATHER'S  
day

- |                |            |
|----------------|------------|
| 1. HERAFT      | FATHER     |
| 2. ADD         | DAD        |
| 3. YIMFAL      | FAMILY     |
| 4. FHIGNSI     | FISHING    |
| 5. TPEARN      | PARENT     |
| 6. TSSPRO      | SPORTS     |
| 7. LEOV        | LOVE       |
| 8. NSGORT      | STRONG     |
| 9. GINCRA      | RACING     |
| 10. LOER EMLDO | ROLE MODEL |
| 11. HOYAILD    | HOLIDAY    |
| 12. RHALGTUE   | LAUGHTER   |
| 13. CTPORET    | PROTECT    |
| 14. CLAIESP    | SPECIAL    |
| 15. YNUNF      | FUNNY      |

**Word**

**Scramble**

**Answers**



We will  
miss  
you  
♥



**R N A O**  
**BEST PRACTICE  
SPOTLIGHT  
ORGANIZATION**

Hastings Centennial Manor has been a leader in excellence in Long Term Care for over 50 years.

In keeping with our vision and mission statements, we continue to set a goal of being committed to providing quality care to residents based on leading practices. HCM is dedicated to making a positive impact on resident centered care through evidenced based practice.

The Registered Nurses of Ontario (RNAO) advocates for healthy public policy and promotes excellence in nursing practice. They do this by having expert panels develop “Best Practice Guidelines”.

Best Practice Guidelines (BPG’s) are the working standards or ethical guidelines that provide the best course of action in a given situation.

HCM has been awarded the opportunity to become a Best Practice Spotlight Organization in Long Term Care (BPSO). This designation is a strategy that helps optimize health outcomes at the individual, organizational and health system levels. This program gives HCM the opportunity to formally partner with RNAO to achieve this designation. This program has proven to advance evidenced-based cultures, improve resident experience and enrich team member satisfaction. Best Practice Guidelines will continue to be embedded in our policies, processes and practices, which means all our programs and services are rooted in evidence. All team members will follow the same best practices to support our residents, care partners/families and team members.

Continue to watch for BPSO updates as we continue our journey to improve resident quality of life.



# Monthly Volunteer Focus



Meet **Dave and Ellie Marshall!** Dave and Ellie are both very valued members of our incredible group of Volunteers. They have been volunteering with the manor since 2019. Dave and Ellie lead Bible Study every Thursday for the Residents at the Manor and have been facilitating this since the day they joined. During the summer months Dave and Ellie switch gears from Bible Study to volunteering their time with children at Hope Valley Day Camp in Peterborough. When they aren't dedicating their time to volunteering, they are spending as much time as they can with their five kids and four grandchildren. Centennial Manor and the Residents who live here are endlessly grateful for the time and effort Dave and Ellie put into their Bible Study.

Thank you for everything you do!



# FATHER'S DAY

## WORD SCRAMBLE

1. HERAFT \_\_\_\_\_
2. ADD \_\_\_\_\_
3. YIMFAL \_\_\_\_\_
4. FHIGNSI \_\_\_\_\_
5. TPEARNS \_\_\_\_\_
6. TSSPRO \_\_\_\_\_
7. LEOV \_\_\_\_\_
8. NSGORT \_\_\_\_\_
9. GINCRA \_\_\_\_\_
10. LOER EMLDO \_\_\_\_\_
11. HOYALD \_\_\_\_\_
12. RHALGTUE \_\_\_\_\_
13. CTPORET \_\_\_\_\_
14. CLAIESP \_\_\_\_\_
15. YNUNF \_\_\_\_\_