

Spruce February 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Love doesn't make the world go 'round. Love is what makes the ride worthwhile.
~Franklin P. Jones~

Fun & Fitness 1
Dementiabilities-Sorting
Floor Hockey
Friendly Visits
Manor Times Reading

Black History Month

Fun and Fitness 2
Groundhog Trivia
Art Therapy: Chinese New Year
Music: Vicki Spurrell MPR
Mel's Movements
Math with Magnets

Groundhog Day

Chair Fitness 3
Trivia: The Day the Music Died
Afternoon at the Movies & Snacks
La Bamba
Euchre 3rd floor

The Day the Music Died

Spiritual Hour 4
Sing-A-Long
Lawrence Welk
Hastings Bible Park Church Service
Valentine Craft
Montessori Heart Sorting

Fun & Fitness 5
Manicures, Music & Massages
1:30 Pet Therapy
1:00 Shopping-Mall
Read Aloud Group

World Read Aloud Day

Fun & Fitness 6
Tuesday Trivia-Love Songs
11AM Yoga
Resident 2nd Floor Mtg.
PM Valentine's

Fun & Fitness 7
Morning Catholic Mass(2/3)
Walks with Yashmeen
Music with Cliff
Dementiabilities-life skills
Name that Celebrity

Fun & Fitness 8
Dementiabilities-Folding
Bowling

Snowball Toss 9
Friday Funnies
Morning Rosary Prayer & Holy Communion
Card Sorting
Trivia-Red Quiz

Saturday Stretches & Coffee Hour 10
Chinese New Year Celebration
PM Valentine Colouring
PM Valentine Reminiscing
Chinese New Year

RANDOM ACT OF KINDNESS February 14th -17th

Sunday Short Stories 11
Lawrence Welk
Salvation Army Church Service
Superbowl Prep
Trivia-Name that Team
Superbowl Kick off-6:30
Superbowl Sunday

Namaste Program 12
News & Current Events
Music with Andy
PM Valentine Word Search
PM Valentine Manicures
Abraham Lincoln's Birthday

Fun & Fitness 13
Tuesday Trivia-Mardis Gras
11AM Yoga
Wheel of Fortune-Valentine Theme
Short Stories-New Orleans
Name that Tune
Shrove Tuesday / Mardi Gras

Fun & Fitness 14
Wednesday Word Game- Things that are Red
Walks with Yashmeen
Valentine Social
Valentine's Day

Fun & Fitness 15
Alzheimer's Fundraising Bake Sale
Twister Toss
1:1-Sensory
Chair Movement

Fun & Fitness 16
Art Therapy:
Shopping Giant Tiger
Horseraces
Movie & Manicures

Ball Toss 17
Visit the Nursery
2PM Winter Carnival MPR
PM Puzzles
PM Evening Unwind Tea & Talk
Random Acts of Kindness Day

Spiritual Hour 18
Spiritual Readings & Discussion Group
Lawrence Welk
Wine & Cheese Social
Eastminster Church Service
Post Cards & Pen Pals

Fun & Fitness 19
Manicures, Music & Massages
Music with Jackie MPR
Lets Bake cookies
Sorting and color matching
Family Day

Fun & Fitness 20
Tuesday Trivia- Pets
11AM Yoga
PM Pet Word Search
Love Your Pet Day

Fun & Fitness 21
Wednesday Word Game- Things That you Love
Walks with Yashmeen
Tim Horton's B/S
1:1-Handmassages
Lion's Club Bingo

Fun & Fitness 22
Dementiabilities-Sorting
2PM United Communion (2/3)
World Thinking Day

Grocery Scavenger Hunt 23
Stretch & Strolls
Morning Rosary Prayer & Holy Communion
Proverbs
Reminiscing Ball
Pub Night

Morning Muffin Making 24
Flip Card Game
PM Bean Bag Toss
PM Saturday Night at the movies

Hymn Sing 25
Lawrence Welk
Maranatha Church Service
Circle Soccer
How old Are They Now?

AM Monday move & Groove to Disco 26
Silly Sayings
1PM Shopping-Walmart
Volleyball & Puzzles
PM Who Am I Febraury Birthdays
PM Short Stories
Tell a Fairy Tale Day

Fun & Fitness 27
Tuesday Trivia-Polar Bear
11AM Yoga
Armchair Travel -Arctic
Pet Therapy
7:30 Day Spring Mennonite Choir
International Polar Bear Day

Fun & Fitness 28
Wednesday Word Game-Things your mother use to say
Walks with Yashmeen
1:45 Rec. Dept. Mtg.
Music Therapy
Friendly Visits

Fun & Fitness 29
Dementiabilities-Folding
Birthday Party B/S
Crokinole
Leap Year Trivia

CALENDAR IS SUBJECT TO CHANGE AFTER PRINTING

