

# February 2024

SUNDAY

MONDAY

TUESDAY


































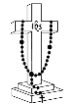









WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## Fifth Floor Activity Calendar

<p><b>AM</b> 4 Word Games</p> <p><b>PM</b> Church Service: MPR  Hastings Bible Park Church</p>	<p><b>AM</b> 5 Resident Council Meeting Exercises &amp; Trivia</p> <p><b>PM (1:00)</b>  Shopping: Quinte Mall Short Stories</p>	<p><b>AM</b> 6 Manicules &amp; Hand Massages  11:00 Yoga</p> <p><b>PM</b>  Coffee House</p>	<p><b>AM</b> 7 Catholic Mass MPR </p> <p><b>PM</b>  Music with Andy 5th</p>	<p><b>AM</b> 8 Balloon Baseball</p> <p><b>PM</b>  Arts &amp; Crafts</p>	<p><b>AM</b> 9 Rosary Prayer and Holy Communion </p> <p><b>PM</b>  Loonie Bingo</p>	<p>Chinese New Year  10</p> <p><b>AM</b> Exercises &amp; Trivia</p> <p><b>PM</b>  Arm Chair Travel: <b>China</b></p>
Random Acts of Kindness Week February 14 – 17 <sup>th</sup>						
<p>Superbowl Sunday 11</p> <p><b>AM</b> Word Games </p> <p><b>PM</b> Church Service: MPR  Salvation Army Church</p>	<p><b>AM</b> 12 Exercises &amp; Trivia</p> <p><b>PM</b>  Ring Toss</p>	<p>Shrove Tuesday / Mardi Gras 13</p> <p><b>AM</b> Manicules &amp; Hand Massages  11:00 Yoga  <b>PM</b>  Horse Races</p>	<p>Valentine's Day  14</p> <p><b>AM</b> Exercises &amp; Trivia</p> <p><b>PM</b>  Valentine's Day Tea</p>	<p><b>AM</b> 15 Friendly Visits &amp; Obie Games</p> <p><b>PM</b>  Music with Cliff</p>	<p><b>AM</b> 16 Exercises &amp; Trivia</p> <p><b>PM (1:00)</b>  Shopping: Giant Tiger Finish the Sentence</p>	<p>Random Acts of Kindness Day 17</p> <p><b>AM</b>  Baking</p> <p><b>PM</b>  Winter Carnival</p>
<p><b>AM</b> 18 Word Games</p> <p><b>PM</b> Church Service: MPR  Eastminster Church</p>	<p>Family Day  19</p> <p><b>AM</b> Exercises &amp; Trivia</p> <p><b>PM</b>  Music with Jackie MPR</p>	<p>Love Your Pet Day  20</p> <p><b>AM</b> Manicules &amp; Hand Massages  11:00 Yoga  <b>PM</b> Rubber Ducky Toss</p>	<p><b>AM</b> 21 Exercises &amp; Trivia</p> <p><b>PM</b>  Baking  (7:00) Lions Club Bingo MPR</p>	<p><b>AM</b> 22 Friendly Visits &amp; Obie Games </p> <p><b>PM</b>  United Communion Can You Match it?</p>	<p><b>AM</b> 23 Rosary Prayer and Holy Communion </p> <p><b>PM</b>  Loonie Bingo</p>	<p><b>AM</b> 24 Exercises &amp; Trivia</p> <p><b>PM</b>  Street Hockey</p>
<p><b>AM</b> 25 Word Games</p> <p><b>PM</b> Church Service: MPR  Maranatha Church</p>	<p>Tell a Fairy Tale Day 26</p> <p><b>AM</b> Exercises &amp; Trivia</p> <p><b>PM (1:00)</b>   Shopping Trip: Walmart (1:30) Pet Therapy</p>	<p><b>AM</b> 27 Manicules &amp; Hand Massages  11:00 Yoga  <b>PM</b> Resident Floor Meeting (7:30) Day Spring Mennonite Youth Choir MPR</p>	<p><b>AM</b> 28 Exercises &amp; Trivia</p> <p><b>PM</b> Recreation Department Meeting Movie in The Lounge</p>	<p>Leap Year  29</p> <p><b>AM</b> Friendly Visits </p> <p><b>PM</b> Birthday Party!</p>	<p><b>The Activity Calendar is subject to change after printing.</b></p>	