

# January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>AM</b> 1 Exercise &amp; Trivia</p>  <p><b>PM</b> Un-Deck the Halls Movie in The Lounge</p>	<p><b>AM</b> 2 Manicures &amp; Hand Massages 11:00 Yoga</p>  <p><b>PM</b> Pet Therapy Obie Games</p>	<p><b>AM</b> 3 Catholic Mass MPR</p>  <p><b>PM</b> Music with Cliff</p>	<p><b>AM</b> 4 Believers Communion MPR</p>  <p><b>PM</b> Happy Hunting Euchre held on 3<sup>rd</sup></p> 	<p><b>AM</b> 5 Exercise &amp; Trivia</p>  <p><b>PM</b> Loonie Bingo</p>	<p><b>AM</b> 6 Exercise &amp; Trivia</p>  <p><b>PM</b> Arts &amp; Crafts</p>	
<p><b>AM</b> 7 Word Games</p>  <p><b>PM</b> Church Service: MPR Hastings Bible Park</p>	<p>Elvis Presley's Birthday</p> <p><b>AM</b> 8 Exercise &amp; Elvis Trivia Resident Council Mtg</p>  <p><b>PM</b> Elvis Has Entered the Building</p>	<p><b>AM</b> 9 Manicures &amp; Hand Massages 11:00 Yoga</p>  <p><b>PM</b> Shuffleboard</p>	<p><b>AM</b> 10 Exercise &amp; Trivia</p>  <p><b>PM</b> Obie Games</p>	<p><b>AM</b> 11 Friendly Visits</p>  <p><b>PM</b> Music with Vicki Spurrell MPR</p>	<p><b>AM</b> 12 Rosary Prayer and Holy Communion MPR Exercises</p>  <p><b>PM</b> Critter Visits MPR</p>	<p><b>AM</b> 13 Rubber Ducky Toss</p>  <p><b>PM</b> Music with Cody MPR</p> 
<p><b>AM</b> 14 Word Games</p>  <p><b>PM</b> Church Service: MPR Salvation Army</p>	<p><b>AM</b> 15 Exercise &amp; Trivia</p>  <p><b>PM (1:00)</b> Shopping: Walmart Finish the Phrase</p>	<p><b>AM</b> 16 Manicures &amp; Hand Massages 11:00 Yoga</p>  <p><b>PM</b> Snowman Bowling</p>	<p><b>AM</b> 17 Exercise &amp; Trivia</p>  <p><b>PM</b> Coffee House 7:00 Lions Club Bingo MPR</p>	<p><b>AM</b> 18 Friendly Visits</p>  <p><b>PM</b> Arts &amp; Crafts</p>	<p>National Popcorn Day</p> <p><b>AM</b> 19 Can You Match It?</p>  <p><b>PM</b> Movie &amp; Popcorn MPR Obie Games</p>	<p><b>AM</b> 20 Exercise &amp; Trivia</p>  <p><b>PM</b> Family Cards &amp; Games MPR</p>
<p>World Religion Day</p> <p><b>AM</b> 21 Word Games</p>  <p><b>PM</b> Church Service: MPR Eastminster Church</p>	<p><b>AM</b> 22 Exercise &amp; Trivia</p>  <p><b>PM (1:00)</b> Shopping: Quinte Mall</p>  <p><b>(1:30)</b> Pet Therapy</p>	<p><b>AM</b> 23 Manicures &amp; Hand Massages 11:00 Yoga</p> <p><b>PM</b> Resident Floor Meeting</p>	<p>Compliment Day</p> <p><b>AM</b> 24 Exercise &amp; Trivia</p> <p><b>PM (Rec Dept Meeting)</b> Movie in The Lounge</p>	<p>Robert Burns Day</p> <p><b>AM</b> 25 Exercises &amp; Trivia</p> <p><b>PM</b> United Communion MPR</p> <p><b>7:00</b> Robbie Burns Celebration MPR</p> 	<p><b>AM</b> 26 Rosary Prayer and Holy Communion MPR</p> <p><b>PM</b> Birthday Party!</p> 	<p>Mozart's Birthday</p> <p><b>AM</b> 27 Exercise &amp; Trivia</p>  <p><b>PM</b> Happy Harmony Choir MPR</p>
<p><b>AM</b> 28 Word Games</p>  <p><b>PM</b> Church Service: MPR Maranatha Church</p>	<p><b>AM</b> 29 Exercise &amp; Trivia</p>  <p><b>PM (1:00)</b> Shopping: Giant Tiger Reminiscing</p>	<p><b>AM</b> 30 Manicures &amp; Hand Massages 11:00 Yoga</p>  <p><b>PM</b> Snowball Toss</p>	<p><b>AM</b> 31 Ice Fishing</p>  <p><b>PM</b> Harvey &amp; Friends MPR</p> 	<p><b><i>FIFTH FLOOR ACTIVITY CALENDAR</i></b></p> <p><b><i>THE ACTIVITY CALENDAR IS SUBJECT TO CHANGE AFTER THE TIME OF PRINTING</i></b></p>		